

The Uxbridge COSMOS



Volume 15 No. 38

YOUR UNIVERSE

Thursday, October 3, 2019




TURNING THE PAGE - That's the name of the small sculpture that was unveiled at the Uxbridge Public Library last Thursday evening. The commissioned piece was created by local sculptor Wynn Walters to "reinforce the role of libraries in our communities, and in remembrance of Alexandra Hartmann," the library's CEO from 2003 - 2018. On hand to celebrate the unveiling were Alexandra's daughter and husband, Ariana and Mark Bailey, pictured here. *Photo submitted by Willie Popp*

This week @ thecosmos.ca

Poverty coalition meeting this weekend
Foster descendents descend on Foster

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#uxbridgeclimatestrike brings global protest to town

by Lisha Van Nieuwenhove

Uxbridge played a small but vocal role in last Friday's worldwide "strike for climate change." The goal of the strike was to call on various levels of government to take action on fighting climate change, and citizens from across the globe, namely students, participated.

Around two hundred and fifty people converged on the parking lot outside of the township offices around noon, many bearing placards that bore slogans such as "There is no Planet B" and "Preserve and conserve, it's what we deserve!"

Despite the appeal to involve youth, however, only one local school made an appearance at the gathering. Uxbridge Montessori School had students march from the school on Main St. N. up to the township offices. None of the public schools, the Catholic school, or Uxbridge Secondary School had any students present, although a few high school students stood by and

watched the proceedings. When asked why there was no school representation, several of the schools said that they were "unaware that the strike for climate change was happening."

The rest of the crowd consisted mainly of people who play an active role in the community, as well as mothers with young children. Local artist Fly Freeman MC'd the gathering, which lasted about an hour. Environmental journalist Stephen Leahy was first to speak to the crowd, pointing out that Canada has much to consider as it approaches the October election, and that the environment is likely the largest issue facing the country.

Local organic farmer Adrian Stocking also addressed the crowd, saying that, when he is asked how he feels about the future, he replies that he is "both terrified and optimistic."

"I'm terrified by what is going on today, by all the horrible things we're doing to our planet. But the change that is happening is hopeful, and we all need to work on that!"

Matt Gunn performed a musical interlude, singing Buffalo Springfield's "Something Happening Here," a popular 60s protest song.

Mayor Dave Barton and councillor Bruce Garrod appeared to be the only two members of council able to attend the rally. Barton spoke supportively to the crowd, but soon found himself having to defend his pro-airport position. MP Jennifer O'Connell was also present, and reiterated her stance of wanting to turn the Pickering airport land back over to agricultural uses.

Actor Kenneth Welsh took the microphone briefly and fervently gave the crowd three instructions: "Grow your own garden. Don't cut your lawns. And give bees a chance!"

Suzanne Crone, one of the organizers of the Uxbridge climate strike march, said she was pleased with how the event went, and with how many people turned out, although she was "disappointed that no schools showed up."



The Township of UXBRIDGE

Trail Capital of Canada

Council & Committee Meetings

Schedule for the month of October, 2019

Monday, October 7, 10:00 a.m.

COMMITTEE MEETING

Monday, October 14

NO MEETING - THANKSGIVING

Wednesday, October 16, 8:30 a.m.

**FIRE ESSENTIALS SEMINAR AT
FIRE HALL - CLOSED SESSION**

7:00 p.m.

**COMMITTEE OF ADJUSTMENT
MEETING**

Monday, October 21, 10:00 a.m.

COMMITTEE MEETING

Monday, October 28, 7:00 p.m.

COUNCIL MEETING

7:45 p.m.

**PUBLIC MEETING – ZBA 2019-10
MARGOT SHOEMAKER - UPPER
PAW**

Uxbridge at a Glance

The Corporation of The Township of Uxbridge
51 Toronto Street South, P.O. Box 190
Uxbridge L9P 1T1
905-852-9181 info@uxbridge.ca

Neighbourhood Watch Public Meeting

Learn about how Neighbourhood Watch can help make your neighbourhood safer. This is being organized for residents in Ward 4 and Ward 5, but anyone can attend to learn more.

Thursday, October 10 at 7 p.m.
Uxbridge Arena Community Hall,
291 Brock St. W., Uxbridge

Everyone
Can Help!



Employment Opportunities

Complete details and qualifications required for these positions are available at

uxbridge.ca/employment_opportunities

Township of Uxbridge - Spare Crossing Guards

The Township of Uxbridge is currently seeking Spare Crossing Guards to cover various locations in the Town of Uxbridge. If you are interested in a position, please contact Jo Ann Merrick at 905-852-9181 ext 202 or email: jmerrick@uxbridge.ca

We thank all those who apply, however, only those candidates selected for an interview will be contacted.

The Township of Uxbridge is an equal opportunity employer in accordance with the Accessibility for Ontarians with Disabilities Act, 2005 and the Ontario Human Rights Code (OHRC). The Township of Uxbridge will provide accommodations throughout the recruitment and selection and/or assessment process to applicants with disabilities and/or needs related to the OHRC. Personal information provided is collected under the authority of The Municipal Freedom of Information and Protection of Privacy Act.

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MORE INFO www.uxbridge.ca

The Thomas Foster Memorial

9449 Conc. 7 (Durham 1)
4km north of Uxbridge

www.fostermemorial.com

The Foster is open for tours by
appointment.
Call 905-640-3966

Special Program

**Oct. 6, 1:30 pm Sunday Jazz/Blues
Concert**

The best in Jazz/Blues is performed
here at the Foster with many talented
performers.

Check the Website for entertainers
www.fostermemorial.com

Volunteers Wanted

Scot Pine Thinning Day

Uxbridge Countryside Preserve

Date: Saturday, October 5

Time: 8:45 AM to 12:00, rain or shine

Location: Uxbridge Countryside Preserve
Main Parking Lot – behind Walmart

Volunteers will be cutting small Scot Pine trees in meadows as part of the commitment to protect the open landscape and habitat for grassland species. Volunteers should bring work gloves, wear appropriate footwear and, if possible, bring their own loppers/hand saws. Volunteers under 12 should be accompanied by a parent or guardian. All volunteers will receive a native wildflower (potted) which they may plant at home or in the Preserve, donated by North Durham Nature.

For more information please contact:

Derek Connelly dconn5432@gmail.com
or Don Cook at 905-852-9181 ext 506 or
dcook@uxbridge.ca

Pearls & Lace Craft Show

One of the longest running shows in
Uxbridge happens

Saturday, November 2, at the
Goodwood Community Centre!

Book your table with Bev at

bnortheast@powergate.ca

or call 905-640-3966.



#FeedTheNeedChallenge

Thank-you Uxbridge!

We are particularly grateful to the Bonner Boys and
the local businesses that supported our food drive:

Zehrs Uxbridge
Williamsons Motor Sales
Low & Low Funeral Home **McDonalds Uxbridge**
Uxbridge Shoes **Dr. Francois Bessey**

With everyone's support, we filled Ingrid's office and Uxbridge collected the
second highest amount of food across all of Durham Region!



Township of Uxbridge documents are available in alternate formats upon request.
Please fill out the Request for Alternate Formats Form at uxbridge.ca/accessibility

email: accessibility@uxbridge.ca
phone: 905-852-9181 ext.209

It Can't Happen Here happens here this Friday for one night only

by Lisha Van Nieuwenhove

What began as a book club discussion has morphed into a one-night only presentation, and it not only *can*, but *will* happen here, in Uxbridge, tomorrow (Friday) night.

It Can't Happen Here is a play that was written by American author Sinclair Lewis in 1936. But don't think that it's a fusty period piece - the drama that unfolds throughout this dark satire has presented itself throughout history, including more modern times.

Putting the play, which was originally a book, onstage here in town was the idea of a trio of women who read the grim thriller in their book

club. Cecelia Smith, Elaine deBlicquy and Deborah Watson decided that, as semi-retired females that are part of the "one per cent," they have the time now to try to work on "solving the problems of the world." And *It Can't Happen Here* spoke to all three women, who saw too many parallels between its tale and modern society to be ignored.

"We want this to be a fun way to approach a really serious situation," says deBlicquy. "It's not intended to be partisan, it's simply meant to start a discussion about democracy, about how important it is. It's just to make people engaged."

The play will actually be presented as a reading - no set, minimal props, and several well-known actors from

the area playing various parts. Audience participation will be heavily encouraged, and even though the play is set in pre-election America, its messages are worth thinking about in pre-election Canada.

It Can't Happen Here will be at the

Uxbridge Music Hall on Friday, Oct. 4, at 7:30 p.m. Tickets are \$17.50, available through starticketing.com. All profits will go to the Committee to Protect Journalists, a non-profit organization that advocates for press freedom around the globe.



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THE BOOK DRUNKARD LITERARY FESTIVAL

NOD TO MAUD COCKTAIL PARTY

PARTY WITH A-LIST AUTHORS:
TERRY FALLIS
MARISSA STAPLEY
FARAH HERON
JESSICA WESTHEAD

with an introduction and an interesting feminist perspective on Maud and her influence on female writers today by L.M. Montgomery's granddaughter

KATE MACDONALD

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THE SECOND WEDGE BREWING CO.
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A light, sparkly raspberry creation that is their nod to MAUD'S RASPBERRY CORDIAL

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October 26, 2019
4:00 PM
\$25 (+HST)

For more information and tickets, visit:
bookdrunkard.com and starticketing.com

FEDERAL ELECTION / MONDAY, OCTOBER 21

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#ItsOurVote



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It's Our Vote

Are you registered to vote?

Voting for the first time? Moved recently? Make sure your registration is up to date.

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It tells you where and when you can vote.

Contact Elections Canada if your voter information card

- has the wrong information
- hasn't arrived by October 3

Visit elections.ca for the official information you need to vote
1-800-463-6868 / elections.ca / TTY 1-800-361-8935



Our two cents

Humble Humboldt had it right

Covering last Friday's climate strike was interesting - it's not often you see people marching through the streets of Uxbridge waving placards and banners, or get to sing 60s-era peace songs in the parking lot outside the municipal offices. But more than a couple hundred people took to the street to join the global "strike" - a call to action to governments around the world to do something about climate change. There were a couple of municipal government representatives on hand, and our federal MP, Jennifer O'Connell was there too. They heard the people, they offered their support and, in Ms. O'Connell's case, made sure it wasn't used as an opportunity to spout campaign platform or policies, which was admirable. But as popular as the whole climate strike movement is, it seems to us to be a little off the mark, in that it appears to be masses of people putting their energy into telling other people (read: governments) what to do with regards to climate change. Yes, all levels of government need to take a critical look at what contributions their jurisdictions, be they a county or a country, are making to what can justifiably be called a crisis. But when are people going to stop blaming their governments for the calamity, and start looking at themselves? Taking action themselves? Doing something, changing something for the better, *themselves*? When you come upon a crisis situation, you don't spend time waiting for someone else to make rules and decisions, you roll up your sleeves and dive in and do what you can to get through it. Right?

Science has proven that, over the billions of years that Earth has existed, there have been many, many instances of climate fluctuation. And many climate deniers use this science as a way of saying that humankind isn't really responsible for what is happening now. It may very well be the case - perhaps the Earth's temperature is on a natural upswing at the moment. But she's never been covered by eight billion humans before, all doing their bit to help the hot flash along. There've never been eight billion humans to feed. And there's never been eight billion humans constantly pushed to buy, use, have, consume. Flying, plastic bottles, straws, fossil fuels - the list of our trespasses against the planet is too long to wrap one's head around. But we are irrefutably responsible for the accelerated rate at which our poor Earth is crumbling.

A German scientist born in 1769 may be able to help out our perspective a little. Alexander von Humboldt was ahead of his time in the 18th century, and perhaps even a little ahead of our time, as well. He was talking about climate change before 1800, one of the first environmentalists to realize that "nature is a web of life, an interconnected whole in which everything is bound together, from the smallest insect to the tallest tree." (*The Adventures of Alexander von Humboldt*, Andrea Wulf) Humboldt not only used science to support his ideas, he used his emotions as well. We could do the same. We are constantly barraged with numbers and statistics, we talk about rising ocean temperatures and melting glaciers. But how often do we *really* notice the wonderful smell after it rains, or hear the sounds of the millenia in waves crashing on a shore? Humboldt said that we need to use our feelings and imagination in order to understand the natural world. Tuning into Mother Earth more isn't a bad idea. Maybe when we understand all that she already gives us, we won't be so inclined to take from her. *Danke*, Humboldt.

The Uxbridge COSMOS

9,500 copies of The Cosmos are published each Thursday in the Township of Uxbridge: 8,800 delivered by mail, 700 available in stores and boxes.

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Letters to the Editor

The combined federal and provincial government-imposed debt for each Ontarian currently stands at \$1,045,815,900,000. None of us can possibly comprehend such a sum of money unless that figure is presented on a per person basis for each man, woman and child. Once presented that way, the figures are comprehensible, but our federal candidates refused my invitation to include an annual statement that would publish that IMPOSED DEBT number each year with the income tax returns. One said it was a good

idea, but all stated that the "people" would not want to know that number. I disagree.

These numbers were sourced from the Canada Taxpayer's Coalition debt clock:

Canadian Gov't Imposed Debt \$694,749,400,000
Ontario Imposed Debt \$351,066,500,000
Total debt for Canada & Ontario \$1,045,815,900,000
Per each adult and child - \$43,014
Per household of four - \$172,056

I guess no candidate thinks that

people should understand just how much government spending costs each and every one of us - including our children. Now, add the government-imposed household debt value to your mortgage and other loans. Next, stop and think before you vote.

Henry Zaczek
Uxbridge

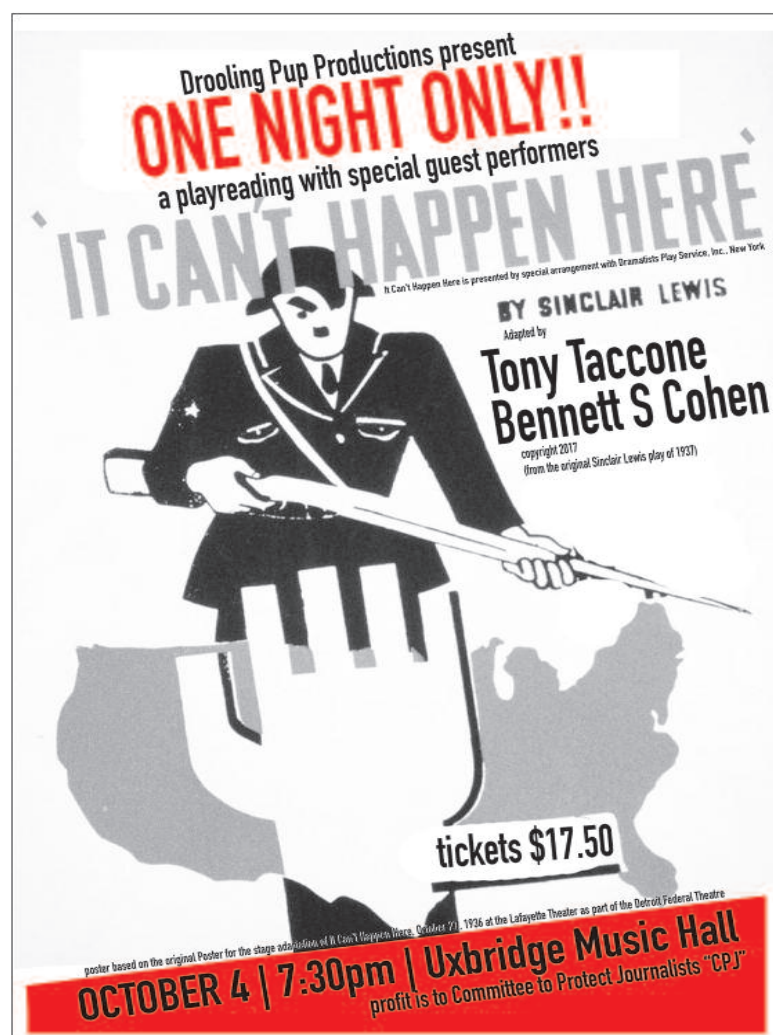
I grew up in Uxbridge and, as the town doesn't seem to have changed over the years, I find it hard to understand the justification for the title "Trail Capital of Canada."

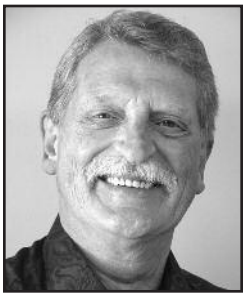
Uxbridge has changed - and not for the better. One would think a town claiming to be the capital of trails would be focused on accommodating those utilizing the trails, creating an environment and enforcing a culture that respects pedestrians. This has not been my experience during the past week.

This town has become dominated by speeding motorists distracted by their phones and fixated on their destination, exhibiting little regard for those utilizing the sidewalks and crosswalks around town.

It's fine, though, be proud of your beautiful trail network in the area, but perhaps the mayor and town council should refocus from excessive (and deceptive) branding and set their sites on developing a safe and walkable community where pedestrians do not have to fear the excessive speeds of the distracted drivers roaming the streets.

Eric McKay
Uxbridge





Am I Wrong?

column by Roger Varley

There's wisdom in old sayings

It's rare that I do follow-up columns, but I felt last week's column needed some clarification. (It did not appear in the printed version of the *Cosmos*, but is included in the on-line edition.)

I wrote about my week-long stay as an inpatient at the mental health ward at Markham Stouffville Hospital. During the course of that column, I made a number of criticisms about the way the ward operated. However, I want to make it crystal clear that in no way did I intend to discourage anyone from seeking professional help for depression, anxiety or any number of other mental health problems. The hospital staff at MSH are first-rate: it's just that in the mental health ward, they have to follow protocols set down by the bureaucrats.

Please don't delay if you feel the need to talk to someone and don't be afraid of the stigma that is often attached to mental health. Only after you've received help can you get a better understanding of what brought you to that point and only then can you start to deal with it.

The first few days back at home were tough. I was regularly experiencing waves of anxiety wash over me for no apparent reason; I could barely walk the short distance to The Tin Cup and I had trouble sleeping.

I realized I had to move my mind away from my troubles and stop brooding about things over which I had no control. So I have deliberately steered away from the news.

Looking back, I begin to wonder whether being in the news business most of my life has resulted in some kind of PTSD. I mean, years of writing and reading about murder, war, crime, corruption, injustice, disasters and so on must have an effect at some point.

I have also been helped by a simple mantra presented to me by my friend, Rev. Mark Kinghan. It simply entails repeating: "Ease my mind, clear my heart, focus on my centre." I say it over in my mind when I put my head on the pillow and it helps me fall asleep. And, for the most part, I

have managed to put out of my mind the events that originally led to my depression. As my psychiatrist said: "Why dwell on things you cannot change?"

However, one thing that appears to have helped me most is the old saying: "Laughter is the best medicine." Over the weekend, I binge-watched British comedy shows, including just about every YouTube video of Michael McIntyre. Almost three full days of laughing out loud, forgetting about all the misery in the world and just making myself feel good.

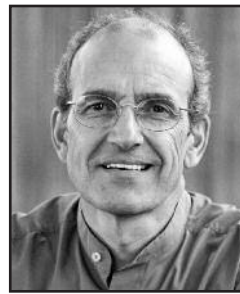
It appears to be working. The waves of anxiety have ceased (for the most part), I feel energized enough to run a few errands and I'm starting to eat a little bit more regularly and actually finishing my meals.

My other piece of advice to those hesitating to seek help, for one reason or another, is to find a support team. A support team is invaluable. I wrote last week about the goddess and the five angels. Well, they are still there for me, offering encouragement and strength. On my return from the hospital, two of my angels had short, handwritten notes waiting for me, both of which are now taped to the wall next to my computer. You could be surprised where you will find that support team. Mine came from the most unexpected sources and I was astonished at how willing they were to help.

But - no sugar-coating - it isn't easy. Just because I'm no longer in the ward doesn't mean I'm gaily running through meadows of flowers. I have to take it a step at a time and I realize it's going to take a while to feel fully confident again. But at least I haven't thought about suicide once since I left the hospital.

The scary thing is, it can happen to anyone. A nurse at the ward told me the rate of people with mental health issues is growing apace. If you know anyone who seems to be in need, a kind word and a comforting hug can do wonders. And don't be afraid to encourage them to seek help, if you think it may be necessary.

Tell me, am I wrong?



The Barris Beat

column by Ted Barris

We need grads, not geniuses

They crammed us into a single hall at the school. Often it was the high-school gymnasium filled with rows and rows of movable desks and chairs. We were allowed pencils, an eraser, a ruler and limitless sheets of what we used to call "foolscap" paper on which to write our answers. In came an adjudicator, who announced the name of the exam, the time available to complete it and strict guidelines for decorum during the exam.

"If we catch you cheating," the adjudicator announced, "we will disqualify your mark. You will fail the term."

In my day - back in the 1960s - these meat-grinding assemblies to test the cumulative knowledge of students at year's-end were known as "Departmentals." In other words, as our high-school experience came to a conclusion (at that time Grade 13), we wrote such exams for the core subjects of English, French, history, mathematics and the sciences (biology and chemistry) in order to pass. And our performance during these Departmentals determined our future at university, community college or technical school. To us mere students, that pressure seemed like a date with the hangman. No. To fail a Departmental was a fate worse than death. Or at least that's the way it seemed.

Just how real that anxiety and fear have become in Ontario's high schools and universities emerged at the University of Toronto late last winter. Students at the downtown campus of the U of T staged a demonstration in front of the president's office demanding greater access to mental health counselling. One of their own, a first-year student, had become so stressed in his studies that he'd taken his own life. So, suddenly, his classmates and fellow freshmen began expressing their own state of mind, including Brian Hao, a first-year political science student. "I've been dealing with depression and anxiety since Grade 10," he told CBC Radio in March. But he admitted that studies and life at one of the most prestigious universities in the country, the U of T, had simply ratcheted up the tension and self-doubt. Hao went on to explain, during exams in his final semester at high school, that he'd seen a doctor to keep himself safe, "because suicidal thoughts were there."

Certainly, cramming, writing exams, attaining grades sufficient to deliver entry to Canadian post-secondary education, affected us 50 years ago. I remember feeling crushed that I hadn't managed to achieve honours grades in some of my subjects, particularly math and sciences.

Meanwhile, all my studious classmates were chuffed that they'd maintained their honours standing right across the board. I felt as if I'd let my parents and my teachers down by falling short in biology and chemistry. Of course, it was self-inflicted punishment and pain. But consider suicide? Not even close.

This past weekend, students again gathered at the Bahen Centre on the U of T campus to mourn the death of another classmate. It was the third suicide at that centre in the past two years. As a stopgap, the university installed safety barriers around the balconies and stairwells at the Centre. Students left notes of condolence and sympathy, because for many of them it's not a matter of keeping up with fellow students (as it was for me), but a matter of survival. One U of T computer science student explained to CBC how much more competitive university grades are today.

"In computer science (in the first year) you have to get in the high 90s to get into second year," he said. "Of my 10 friends in the computer science program, only one will be eligible to graduate to the second year. Nine will have to drop out."

In other words, while in the early 1960s, I might have become the one in 10 who didn't score straight-As in my class, 50 years later, the university system is allowing only one in 10 to advance in a core program. Why would a system grooming tomorrow's leaders only want one successful graduate? What has become of Ontario's high-school and post-secondary education that it inflicts an atmosphere of losing on so many young people? I'm not advocating that we water down the system. But on the other hand, I don't think an inclusive, functioning society should demand that only one computer science genius succeeds, while it turns away nine other perfectly capable computer scientists.

Late in the 1960s, they finally dispensed with Departments in Ontario. In 1988, the province replaced Grade 13 with the Ontario Academic Credit, a fifth year for academic students and then phased that out completely in 2003. High school education was adapting to the times. Clearly, entry level post-secondary programs also need to adapt. The world won't be run by geniuses, but graduates who are challenged by and love their chosen field, but aren't expected to become latter-day Einsteins in order to succeed.

For more Barris Beat columns, go to www.tedbarris.com

Did you miss the All-Candidates Forum?

Watch on Uxbridge-Scugog Rogers tv

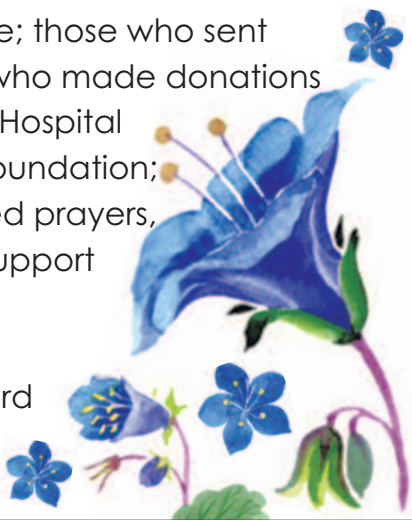
Thursday, October 3, 6:00 p.m. and Monday, October 7, 1:00 p.m.

Also available on YouTube: <https://www.youtube.com/watch?v=eH1aWFGUtr8>

Card of Thanks

The family of the late **Sharon Marie Clark (Renaud)** wishes to thank those who attended the Celebration of Life; those who sent condolences; those who made donations to Uxbridge Cottage Hospital and Heart & Stroke Foundation; and those who offered prayers, comfort, cards and support in this difficult time.

Brock, Lorraine, Richard and families



COMING UP

THIS WEEKEND

Thurs., Oct. 3: Lunch & Learn, St. Paul's Anglican Church, 12 - 2 p.m. Diane Dyke, a certified wellness coach, leads a guided relaxation & explains how to use mantras. Pay-what-you-can lunch (suggested minimum donation \$5), followed by the presentation/q & a. Pre-registered at 905-852-7016.

Sat., Oct. 5: Durham Mountain Bike Assoc. 'Take A Kid Mountain Biking Day.' Durham Forest Main Tract, 9 a.m. - 12 noon. Fun trail rides for kids of all ages and abilities. We'll have the Joyride Ramps and Features set up with some certified coaches on hand to give the kids some pointers too! Snacks and refreshments will also be available.

Sun., Oct. 6: Pine Grove Church Harvest Home Service, 3 p.m. Rev. Kim Lawrance (Mt. Zion Church), music by Jean Plewman. All welcome!

chimes, hand drums, and more. Facilitated by Linda Lee Purvis of Synergy Life Arts. \$20 at the door. Reserve your spot: 905-649-3966 or 905-473-1672.

Wed., Oct. 9: Uxbridge Horticultural Society Meeting: Uxbridge Seniors' Centre, 7 p.m. Guest speakers: Gini Sage & Elaine Davidson, Master Gardeners, on "Herbs Around the World." Flower show, photo contest, refreshments.

Fri., Oct. 11: Uxbridge Blood Donor Clinic: Uxbridge Seniors Centre, 1:30 - 7:30 p.m. Sponsored by Rotary Club of Uxbridge.

UPCOMING

Mon., Oct. 14: North Durham Nature presents Mushrooms & Late Season Plants at Glen Major Woods. 10 a.m. Meet at Glen Major Forest parking lot, Concession 7, Uxbridge, 6 km south of Goodwood road. With James Kamstra, learn about the basics of mushrooms identification & late season flora. No pets. Pre-register: james.kamstra@aeom.com

Tues., Oct. 15: Uxbridge Senior Citizens Club luncheon. Uxbridge Seniors' Centre, 12 noon. Stuffed pork dinner with dessert, \$15 for members. Tickets available at the Community Care office on Marietta St. until Thurs., Oct. 10.

Fri., Oct. 18: Taoist Tai Chi Open House. Uxbridge Seniors' Centre, 9 -

11:30 a.m. Demonstration and video. Refreshments afterwards. All welcome. For more information call 905-642-4857.

Fri., Oct. 18: Udora-Leaskdale Lions Club All-You-Can-Eat Spaghetti Dinner. Udora Community Hall, 5:30 - 7:30 p.m. Adults \$15, children 12 to 6, \$5. Under 6 free. Spaghetti, garlic bread, Caesar salad, beverage and dessert.

Fri., Oct. 18: Sandford United Church's 16th Musical Gala, 7:30 p.m. MC Kenneth Welsh, musicians Jennifer Neveu-Campsall & Carol Gibson, Bella Nove, Terry Paul, Alyna & Emma Mathewson, Casey Spencer & Bethany McGillivray & Lee Collingwood. Tickets are \$20.

ONGOING

Shuffleboard at Uxbridge Seniors' Center, Mondays & Wednesdays, 9 a.m. **Friends' Handicapable Ministry.** Trinity United Church, Wednesday evenings, 6:50 - 8:10 p.m. All welcome! For info call 905-852-6213 or 905-852-6487.

Open Gym Nights for Families Quaker Village P.S., Tuesdays, 6:30 - 8 p.m. (Oct. 1 - Nov. 26). For more information, please contact ouroffice@jointhejourney.ca or call 905-852-2059.

COMING UP is a free community bulletin board for community events organized by a charity or non-profit organization only. Events are published as space permits. Email lvann@thecosmos.ca or call 905-852-1900.

NEXT WEEK

Mon., Oct. 7: Sound Bath Meditation, last one for the season. Thomas Foster Memorial, 7:30 - 8:30 p.m. Enjoy a variety of sounds from crystal & metal bowls,

Bruins roar past Rebels and Panthers

by Dylan Jacobsen

The Uxbridge Bruins broke out of their early-season slump over the weekend, clawing their way to wins against the Campbellford Rebels and Port Hope Panthers.

With their season-opening eastern swing through the Tod Division behind them, the Bruins sit in third place in the PJHL's Orr Division, with a record of two wins and three losses.

The Bruins debuted their stunning new home jerseys on Friday night at the Bear Den, evoking the

Boston Bruins of the 1920s and 30s; the team roared to a 10-2 victory over the beleaguered Rebels.

Dalton Strongman scored twice for Uxbridge, while Daniel Giorgio, Brendan Reid, Josh Cammalleri, Toby Cooper, Spencer Mazakian, Daniel Wu, Cameron Moffitt and Matthew Bailey all found the back of the net. Jordan Yaremchuk turned aside 21 shots, earning the first PJHL victory of his career.

The Bruins looked to keep the good times rolling on Saturday night, as they hit the road for the first time this season, in an inter-conference match-up with the Panthers.

Goals from Daniel Giorgio (2), Matt Kustec, Cammalleri and Andrew Swan gave Uxbridge a 5-0 advantage just past the midway mark of the middle frame; the Panthers were able to swipe a goal late in the second period to break up the potential shutout.

The Panthers continued to claw away at the Bruins' lead as the third period wore on, finally drawing to within a goal with just over four minutes remaining in regulation.

However, stout defence and some stellar saves from Cam Smith shut the door on Port Hope's comeback, and the Bruins rode home west-bound on the 401 with two more crucial points in the standings.

This weekend, the Bruins will be looking to make it three-in-a-row when they host the Lakefield Chiefs at the Bear Den on Friday night at 7:45 p.m.

On Thursday, Oct. 10, the Bruins will be in the Thanksgiving spirit, and looking to dine on the Clarington Eagles in a 7:20 p.m. tilt in Bowmanville.

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