

# The Uxbridge Cosmos

Vol. 17 No. 34

TheCosmos.ca

Thursday, September 2, 2021

Starting school in the right frame of mind • Art on the Fringe • The Cup visits Uxbridge



**THROWING FOR A RINGER** - Members of the Uxbridge-Scott Historical Society Horseshoe Club passed another pleasant Tuesday evening on the grounds of the Uxbridge Historical Centre, as it has every Tuesday since outdoor COVID restrictions were relaxed. The club currently has 50 members, a mix of men and women. Starting next week, the club will meet at 5 p.m., as the days are getting shorter. For information on the USHS Horseshoe Club, call Bob Kirvan at 905-852-9176. *Photo by John Cavers*

## NDP rounds out almost-full roster for *Cosmos* forum

by Roger Varley

Eileen Higdon of Pickering is taking another run for office in the Pickering-Uxbridge riding in the upcoming federal election. As she did in 2019, Higdon will be representing the New Democratic Party.

A registered nurse, she is a former Pickering councillor who currently works with refugees and seniors transportation and delivers food baskets for Durham Community Care. She also is an activist on environmental issues.

In the last election, Higdon came in third behind Liberal Jennifer O'Connell and Conservative Cyma Musarat.

As of press time on Tuesday evening, the Pickering-Uxbridge ballot will be rounded out by O'Connell, Conservative Jacob Mantle, and

People's Party of Canada candidate (and new Uxbridge resident) Corneliu Chisu. There is no Green Party candidate for Pickering-Uxbridge.

As it has in the past, the *Uxbridge Cosmos* will be hosting an all-candidates forum ahead of the Sept. 20 election with columnist Ted Barris acting as moderator, but this time will be different because of the coronavirus pandemic. All four of the candidates mentioned above plan on attending the forum, and will gather at the community centre at the Uxbridge arena on Wednesday, Sept. 8, from 7 p.m. to 9 p.m. There, they will respond to questions from the media and the public. However, there will be no in-house audience, as COVID restrictions still limit indoor gatherings. Instead, the event will be live-streamed on YouTube and Facebook. Township residents who wish to ask

questions of the candidates will be invited to submit their queries through the "chat" box on either YouTube or Facebook. Questions from the public will be relayed to the candidates through Barris.

"While we would prefer inviting the township to meet the candidates in person, as we have in the past, we're glad we can still provide this opportunity to Uxbridge," says *Cosmos* publisher Lisha Van Nieuwenhove.

The *Cosmos* also welcomes questions from those who wish to submit them prior to the event. This can be done by emailing [Lvann@thecosmos.ca](mailto:Lvann@thecosmos.ca) or dropping off in person at the *Cosmos* office.

For those not online, the forum will be available to view after the event. Details on viewing the forum this way to follow.





# The Township of Uxbridge

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## Council & Committee Meetings

### Meeting Schedule for September, 2021

Monday, September 6  
NO MEETING – LABOUR DAY

Monday, September 13  
COUNCIL MEETING, 10:00 a.m.  
PUBLIC MEETING - ZBA 2021-07  
SUNROCK, 11:30 a.m.  
PUBLIC MEETING – ZBA 2021-01  
EVENDALE APARTMENTS, 7:00 p.m.

Tuesday, September 14  
ACTIVE TRANSPORTATION  
COMMITTEE, 7:00 p.m.  
Wednesday September 15  
AGE FRIENDLY COMMITTEE, 3:00 p.m.  
COMMITTEE OF ADJUSTMENT  
MEETING, 7:00 p.m.

### Proclamations for the Month

National Hunger Action Month – September  
Big Brothers Big Sisters Month  
Big Brothers Big Sisters Day,  
September 18, 2021  
Franco-Ontarian Day, September 25, 2021

## Closures

- The trails near the pond on the west side of the Countryside Preserve will be temporarily closed to allow maintenance work on the dam, until Sept. 10. All other trails remain open.
- Lane restrictions on Brock Street East from Nelkydd Lane to Regional Highway 47 will be in effect until mid-September, 2021, as the Region installs underground services.
- Planks Lane from Third Ave. to Franklin St., to September 6. Street and sidewalks will be closed to facilitate watermain, sanitary and storm sewers and rebuild curb, gutter and sidewalks.
- Closure of the Toronto Street sidewalk adjacent to the Uxbridge Public Library will be in effect from August 23 through to mid-October for clock tower restoration work.
- Victoria Street will be closed each Sunday (7:30 a.m. - 3:00 p.m.) from Brock St. W. to King St. W., from May to October due to the Farmers' Market.

**Do you own or operate a business in Uxbridge?** 

**We want to hear from you!**  
Complete the business survey at  
[www.uxbridge.ca/myuxbridgetowntown](http://www.uxbridge.ca/myuxbridgetowntown)

 Building on Yesterday - Planning for Tomorrow

# Uxbridge at a Glance

The Corporation of The Township of Uxbridge  
51 Toronto Street South, P.O. Box 190  
Uxbridge L9P 1T1  
905-852-9181 [info@uxbridge.ca](mailto:info@uxbridge.ca)

## Employment Opportunities

Details of all current positions are available at [www.uxbridge.ca/careers](http://www.uxbridge.ca/careers)

Parks, Recreation and Culture – Arena  
Attendant Assistant, Casual P-T  
**Closes September 10, 2021**

Parks, Recreation and Culture – Arena  
Attendant, Adult  
**Closes September 10, 2021**

Parks, Recreation and Culture – Arena  
Attendant Assistant, Student, Casual P-T  
**Closes September 10, 2021**

Parks, Recreation and Culture – Attendant,  
Unskilled, Fall Contract  
**Closes September 10, 2021**

Development Services – Director  
**Closes September 20, 2021**

Fire Department - Assistant Fire Chief,  
1-year Contract  
**Closes September 23, 2021**

*We are an equal opportunity employer in accordance with the Accessibility for Ontarians with Disabilities Act, 2005 and the Ontario Human Rights Code (OHRC). The Township of Uxbridge will provide accommodations throughout the recruitment and selection and/or assessment process to applicants with disabilities and/or needs related to the OHRC. Personal information provided is collected under the authority of The Municipal Freedom of Information and Protection of Privacy Act.*

## CALL FOR VOLUNTEERS!

at the Uxbridge Historical Centre  
Tour Guides, Cataloguing, Gardening, and more!



**Interested In Joining Us?**  
Call: (905) 852-5854  
Email: [museum@uxbridge.ca](mailto:museum@uxbridge.ca)

The Township of Uxbridge Municipal Offices are

**Closed for Labour Day  
Monday, Sept. 6th**

Have a safe and  
enjoyable long weekend

**Labour Day Weekend**



**Uxpool Closed Starting  
Friday, September 3 as of 1 pm  
Reopening Tuesday, September 7**

## NOTICE OF PUBLIC MEETING FOR A REVISED APPLICATION TO AN OFFICIAL PLAN AMENDMENT AND ZONING BYLAW

These Notices are to inform you that the Township of Uxbridge has received an Official Plan Amendment and Zoning By-law Amendment application which has been deemed complete in accordance with the requirements of Sections 17 and 34 of the Planning Act. The Planning Committee of the Council of the Corporation of the Township of Uxbridge will hold a statutory public meeting to make available adequate information to the public regarding, and to consider, a proposed Township Official Plan Amendment and Zoning By-law Amendment pursuant to Sections 17 and 34 of the Planning Act, R.S.O., 1990.

### PURPOSE OF PROPOSED OFFICIAL PLAN AND ZONING BYLAW AMENDMENTS:

- The purpose of this application is to amend the Township of Uxbridge Official Plan to re-designate the subject property from "Residential Area" to "Residential Area Higher Density" and introduce site specific height and density exceptions to permit the proposed 4-storey apartment building.
- The purpose of this application is also to amend the Township Zoning By-law to re-zone the subject property from "Residential Holding (RH) Zone" to "Residential Multiple Density (RM) Zone" to permit the proposed 4-storey apartment building.
- The subject property is designated as "Living Areas" on Schedule 'A' - Map 'A2' of the Durham Region Official Plan and identified as "Residential" on Schedule "A" of the Township Official Plan. It is currently zoned "Residential Holding (RH) Zone".

### LOCATION OF THE SUBJECT PROPERTY:

The subject property, is located at the north-west corner of Herrema Boulevard and Brock Street E. It is legally described as Part of Lot 31, Concession 7, Township of Uxbridge, Region of Durham.

**FILE NO.:** Zoning By-Law Amendment 2021-01 (ZBA 2021-01)  
**APPLICANT:** Evendale Developments Ltd.

### ADDITIONAL INFORMATION:

Additional information is available on the Township of Uxbridge website at [www.uxbridge.ca](http://www.uxbridge.ca)

Due to COVID-19 restrictions, physical attendance is not permitted at this public meeting. The public meeting is being held electronically and will be livestreamed for public viewing at 7:00 p.m. The meeting date and time is as follows:

**MEETING DATE:** Monday, September 13, 2021  
**TIME:** Public Meeting 7:00 p.m.

## NOTICE OF COMPLETE APPLICATION AND PUBLIC MEETING CONCERNING AN APPLICATION FOR A ZONING BY-LAW AMENDMENT

### PURPOSE OF PROPOSED ZONING BY-LAW AMENDMENT:

- The purpose of this application is to permit storage, processing, and resale of imported crushed quarry stone and recycled concrete on the Subject Property.

- The Subject Property is designated as "Aggregate Resource Extraction Area No. 7" on Schedule 'A' – Map 'A2' of the Durham Region Official Plan. The Subject Property is designated "Countryside Area" and are within "Policy Area 1.9.9.1 Approved Mineral Aggregate Extraction Area" as identified on Schedule H of the Township Official Plan. The Subject Property is currently zoned "Rural Resource Extraction (M3) Zone".

### LOCATION OF THE SUBJECT PROPERTY:

The Subject Property is located on the west side of Regional Road 47, opposite Regional Road 1, north of Coppins Corner, having the municipal address of 4700 Regional Road 47, and is legally described as Part lot 19 Concession 4; Township of Uxbridge, Region of Durham.

**FILE NO.:** Zoning By-Law Amendment 2021-07 (ZBA 2021-07)  
**APPLICANT:** Bill Kester (Sunrock Canada)

### ADDITIONAL INFORMATION:

Additional information is available on the Township of Uxbridge website at [www.uxbridge.ca](http://www.uxbridge.ca)

Due to COVID-19 restrictions, physical attendance is not permitted at this public meeting. The public meeting is being held electronically and will be livestreamed for public viewing at 7:00 p.m. The meeting date and time is as follows:

**MEETING DATE:** Monday, September 13, 2021  
**TIME:** Public Meeting 11:30 a.m.



Township of Uxbridge documents are available in alternate formats upon request.  
Please fill out the Request for Alternate Formats Form at [uxbridge.ca/accessibility](http://uxbridge.ca/accessibility)

email: [accessibility@uxbridge.ca](mailto:accessibility@uxbridge.ca)  
phone: 905-852-9181 ext.209



# Iconic hockey trophy visits Uxbridge

by Justyne Edgell

The Stanley Cup made a visit to Uxbridge last week!

Uxbridge resident, and 2019-2021 Tampa Bay Lightning player, Mitchell Stephens, got his day with the Cup last Wednesday, Aug. 25. He brought it to his Uxbridge home ahead of a visit to his hometown of Peterborough.

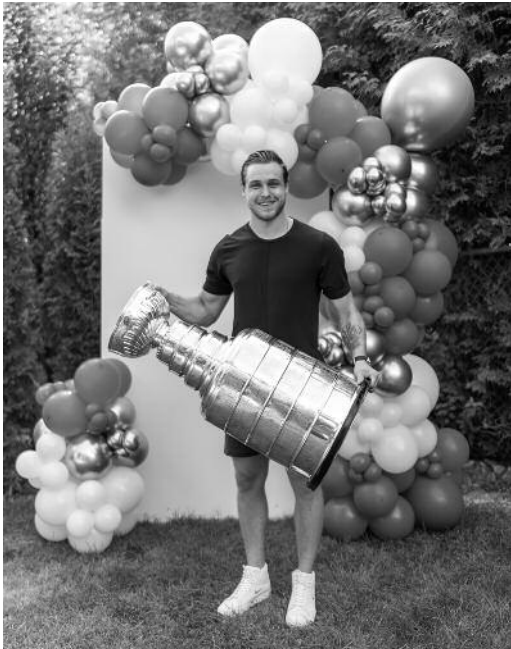
After two consecutive Stanley Cup wins, Stephens says he was really looking forward to this day.

“I was really happy to be able to bring the Cup home to celebrate with the friends and family that have supported me over the years.”

Due to the COVID pandemic last year, the Cup wasn't able to make its post-season tour, but this year, with outdoor distanced gatherings possible, the players were able to celebrate. After a small gathering of friends and family at his Uxbridge home, Stephens headed to Peterborough to visit with a few more friends and relatives. He also took the cup on a boat trip through the Peterborough lift locks, and finished off the day, in true Canadian fashion, by eating a heaping serving of Kawartha Dairy ice cream right from the bowl of the Stanley Cup.

“I’m truly grateful to have people in my life that I can count on, through thick and thin,” says Stephens. “Being able to share this day, and this trophy with them, is an amazing feeling.”

Stephens will be heading off to Detroit for the upcoming NHL season, as he joins the Red Wings.



NHL player Mitchell Stephens recently spent the day with the Stanley Cup, bringing it to Uxbridge for a brief visit with family and friends.

Photo by Justyne Edgell



A ministry of St. Paul's Leaskdale



A support group for those grieving the death of someone close.

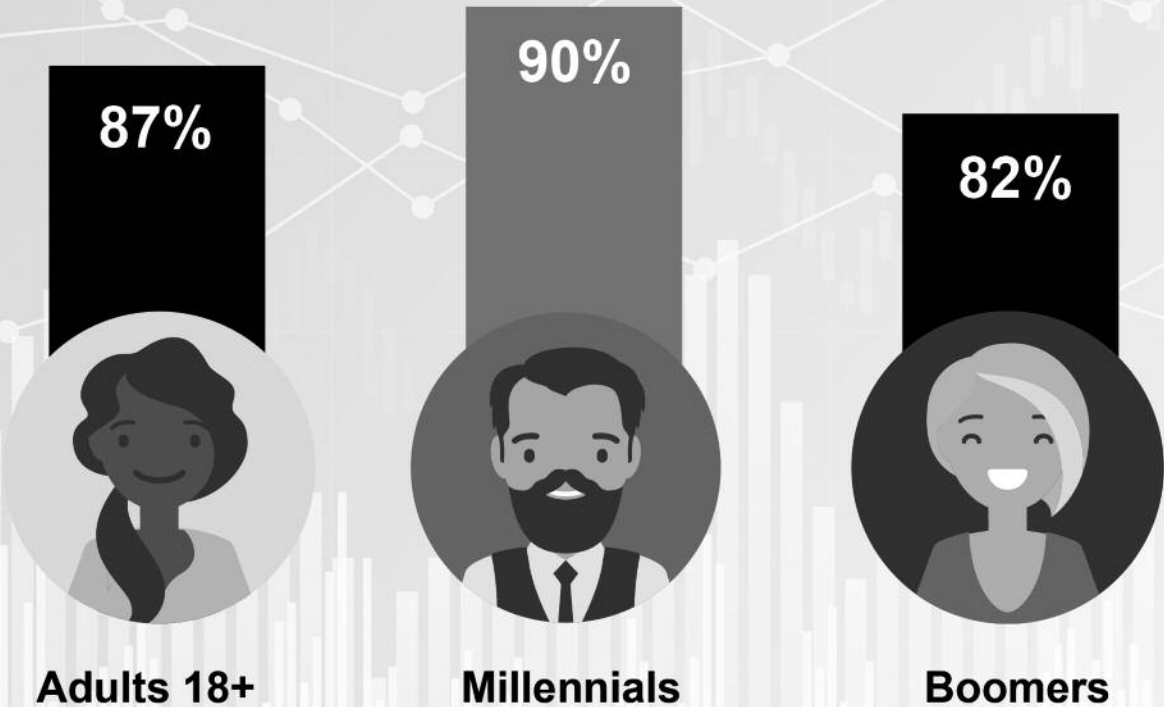
Meets in person at St. Paul's Leaskdale following COVID protocols Mondays 7-9 pm, Sept. 13-Dec. 13, 2021

More information & register: <https://saintpauls.ca/find-support/griefshare-registration/> Cost \$30.00

Questions? Email [reception@saintpauls.ca](mailto:reception@saintpauls.ca)

## NEED TO REACH MILLENNIALS?

New survey results show that **nine out of ten** Millennials read newspapers weekly in print or digital formats.



Results are sourced from a November 2020 national online research survey managed by Totum Research. Interviews were conducted with 855 English and French Canadians in every province, and results were weighted to be nationally representative.



# Our two cents

## Cosmos All-Candidates Forum 2021

Thirty-six days is not a lot of time for people to choose a leader for their country. Or their riding, for that matter. But 36 days is how long Canadians have to make up their minds about what they want the next federal government to look like.

Thirty-six days is also not a lot of time to put together an event that has to look completely different than it ever has before. But it is doable, and the *Cosmos* is doing it. We *will* be hosting an all candidates forum next Wednesday, Sept. 8, starting at 7 p.m.

It won't be like our other forums, however - thank you, COVID. There will be no live audience. Instead, we will be live streaming the event on YouTube, and it will be available through Facebook. We are working at trying to get cable and radio coverage, and we will announce if we are able to broadcast the event through either of those platforms before the 8th.

The event will be recorded, and those who are unable to watch live will be able to catch up at a later date (not too late, however - Election Day is Sept. 20!). The *Cosmos* will provide details on how to watch the recording after the 8th.

For those tuning in on Sept. 8, simply go to the 'Cosmos Uxbridge' YouTube channel and click away. The YouTube feed will also be on Facebook, for those who have that social. Both YouTube and Facebook have "chat" capability, and those watching can ask questions through the chat. These questions will be closely moderated (our own Ted Barris will act once again as Moderator Extraordinaire), and if we receive several questions of the same ilk, we will condense them into one and present it to the candidate(s) in that form.

Anyone living in the township is also invited to submit questions before the event, either by email to [Lvann@thecosmos.ca](mailto:Lvann@thecosmos.ca), or in writing by drop-off at the *Cosmos* office on or before Sept. 7, 5 p.m.

COVID can't stop the democratic process, and it certainly can't stop the *Cosmos* keeping the residents of Uxbridge informed. See you on the 8th.

### WANTED

The Cosmos is researching stories of war brides who came to Uxbridge & surrounding area after the world wars.  
Does your family have a story or photo you would like to share?  
Please respond to [d35gibson@gmail.com](mailto:d35gibson@gmail.com)

When one of these disappears, A LOT disappears.

Support our local businesses so they can support The Cosmos.

Because without them, we can't continue to deliver the news you want and need.

Your Universe

## The Uxbridge Cosmos

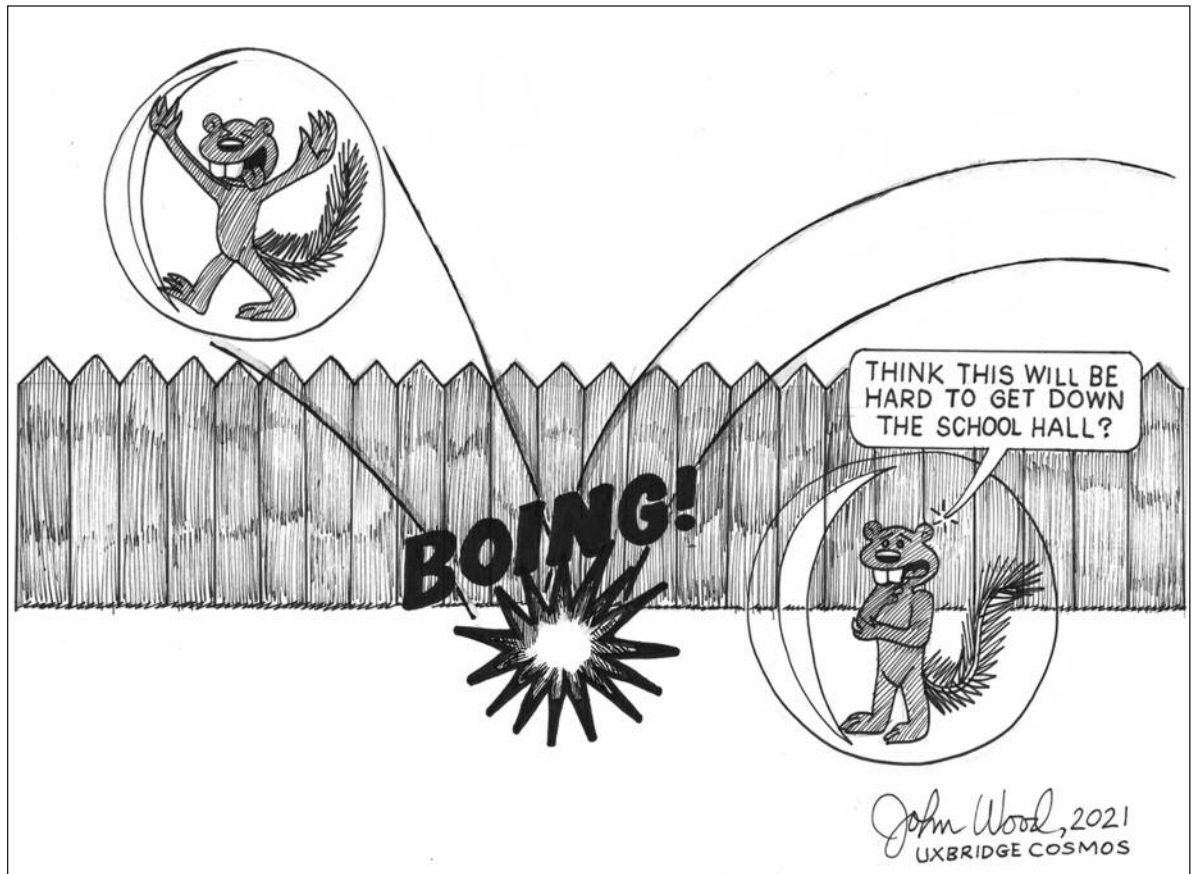
Publisher/Editor: Lisha Van Nieuwenhove 905-852-1900  
Advertising/Sales: 905-852-1900

38 Toronto Street North, Unit One, Uxbridge Ontario L9P 1E6  
E-mail: [Lvann@thecosmos.ca](mailto:Lvann@thecosmos.ca) Web site: [thecosmos.ca](http://thecosmos.ca)  
Office Hours: Monday - Thursday 9:30 a.m. - 5:30 p.m., Friday to 4 p.m.

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9,500 copies of The Cosmos are published each Thursday in the Township of Uxbridge: 8,800 delivered by mail, 700 available in stores and boxes.

News Media Canada  
Médias d'Info Canada



## Letters to the Editor

**Re: 'Township facilities opening up next month,' Aug. 12 edition**

I wonder how much the monitoring equipment is going to cost for each facility. I would also like to know who will be checking these tapes and how much they are going to be paid.

I cannot imagine anyone putting up the \$1,000 per rental and running the risk of two people getting closer together than six feet. After going through the length of time we have been living with COVID, I can't believe that anyone renting

these halls do not know the rules.

**June Archibald  
Zephyr**

**Re: 'The chance of a lifetime,' and downtown revitalization, Aug. 26 edition**

First and foremost there needs to be consistency. An excellent example is Port Perry. All of the buildings and signage there represent a consistent style and era. A real joy to visit and take in the wonderful "consistent" architecture.

It seems that the township here

will pretty much approve anything someone puts in front of them as long as the requestor is willing to pay. It appears that there are no architectural style rules or consistency as long as, I assume, building codes are met.

Uxbridge has huge potential. When gathering ideas, it is critical for the township to first provide/outline an achievable theme and guidelines to ensure all submissions are on the same track.

**Sharon Pribanic  
Uxbridge**

## UYC preps youth for back-to-school in the park

by Justyne Edgell

As the summer turns to fall and school starts back up, students are often faced with extra stressors that can affect their mental health.

The Uxbridge Youth Centre and Cam's Kids are teaming up for a back-to-school mental health presentation for parents and students, at 4:30 p.m. tonight (Thursday, Sept. 2)

at the Rotary Bandshell in Elgin Park. The presentation will be specifically focused on identifying anxiety and anxiety management techniques.

"Cam's Kids is here to help students deal with the anxiety challenges they may be facing when getting ready to head back to school. We will be providing a variety of tips, tools, and resources for a smooth transition," says a representative from Cam's Kids.

The Uxbridge Youth Centre says that those who wish to attend the back-to-school event can register on their website; however, drop-in attendance is also welcome.

The UYC also wishes to remind parents and students that it is a youth resource for all those 11 years of age and older, and "an after-school drop-in centre and a space for free youth workshops."

## Art on the Fringe makes post-COVID comeback

Like many other things this summer, art shows and exhibits are opening up again after having taken 2020 off due to the pandemic. Art on the Fringe, an exhibit put on by a group calling itself Artists of Uxbridge, is putting together its next big show.

Happening at the Uxbridge Historical Centre on Saturday and Sunday, Sept. 18 and 19, between 10 a.m. and 5 p.m. both days, this year's festival features "emerging and established artists displaying their

artwork, made up of paintings, ceramics, fibre arts, jewelry, and furniture," according to artist and festival organizer Jane Butler.

Art on the Fringe 2021 will offer visitors more than 20 artists and exhibitors. While wandering the Historical Centre grounds, visitors will also be tempted by lunch and snacks from Goodwood's Annina's and its Temptation food truck. Live music will also be on site.

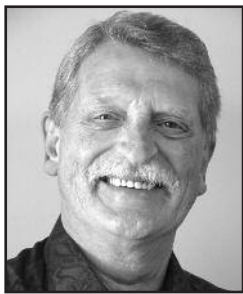
The Historical Centre buildings will also be open.

"This is truly a great location high on a hill overlooking Uxbridge," says Butler.

For those visiting the Centre and the art festival, a large parking lot is on the south side for those arriving by car. A walking trail to the venue will also open. Paved accessible parking is available closer to the buildings, and exhibits and washrooms will also be accessible.

For more information on the Artists of Uxbridge, visit [artistsofuxbridge.ca/art/art-on-the-fringe/](http://artistsofuxbridge.ca/art/art-on-the-fringe/)





## Am I Wrong?

column by Roger Varley

### Promises, promises

It is not my intention to sway, persuade, influence or otherwise affect the way anyone votes - or doesn't vote - in the Sept. 20 federal election. I'm just offering a few observations from an average Joe.

As many have already said, I cannot see the reason for holding the election in the first place, particularly in the midst of a pandemic that shows no signs of letting up. It has been less than two years since the last election, and 18 months of those two years has seen the country gripped by COVID-19. Yes, there is other business that Parliament has to take care of, but the major focus of the Liberal government over those 18 months has been to try and steer the country to a recovery. Of course, Prime Minister Trudeau wants a majority in the House, but having a minority hasn't stopped his government from instituting all kinds of aid packages to many sectors to weather the storm.

Nevertheless, he decided to call an election and what has followed is the same-old-same-old that we see in every election. Promises, promises. The leaders of the three major parties appear to be focused more on money than anything else. Billions of dollars for this, billions of dollars for that and billions of dollars for the other. The amazing thing is they all expect us to believe them.

Every election is the same. The promises flow but, when the dust settles, the party that forms the government decides now is not the right time to put into effect most of their promises.

For example, the Indigenous community has been promised a lot of help by all the parties seeking power, but promises have been made to them for decades - centuries even - and the promises are broken regularly.

Holding an election at this time has, in some ways, made this a vastly different experience. Because of the incredibly short time between the writ being dropped and people actually casting their ballots, there will be only one televised English-language debate. In many ridings across the country, parties scrambled - and continue to scramble - to come up with candidates.

As of this writing, the Green Party still has not picked a candidate for Pickering-Uxbridge and the NDP nominated Eileen Higdon just days ago.

Not only that, but, in my opinion, the voters are being short-changed. The *Cosmos*, as usual, will be holding an all-candidates meeting next Wednesday, but voters will not be in attendance. Instead, those interested will have to follow the proceedings as they are live-streamed on Facebook and YouTube. Details on how you can participate are elsewhere in this edition. But that doesn't work for a lot of people, especially seniors who sometimes have trouble figuring out how these things work.

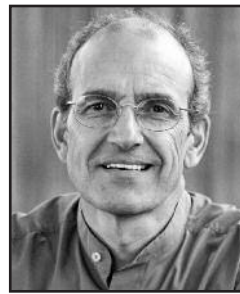
So, basically, in order for voters to interact with the candidates, they have to wait for a knock on the door. In all my years, and through all the elections that have come and gone, not once have I been at home when a candidate came calling. Having taken part in a couple of municipal elections myself, it was my experience that the vast majority of doors I knocked on went unanswered. If anyone does come calling while you are home, they will (I hope) be wearing a mask and, for many of us, it's difficult to have a conversation while wearing masks because voices are muffled.

Like most of you, I am left to read news articles to find out what's going on in the campaign, but all I see are angry crowds protesting vaccines and masks, candidates being outed for past actions or indiscretions, and promises, promises, promises.

It has reached the point where I find myself muttering "yeah, tell me another one!" In reality, that is no different from past elections. Seldom does the victor follow through on their promises. How often do we hear the winning party say after an election that unforeseen events have caused them to rethink or delay promised action.

It seems to me that we will end up with another minority government, proof that the election was not needed at this time.

Tell me, am I wrong?



## The Barris Beat

column by Ted Barris

### The pandemic politicians need to address

A few weekends ago, my wife and I took in some of the grandsons for a sleepover. It was a chance for their parents to enjoy a summer getaway. It was a chance to wean the grandkids away from Mom and Dad. It was a chance for us to get better acquainted with a bunch of boys under our roof for two or three days. On the first day, we outlined an in-house rule.

"No iPhones, tablets or computers until after 4 p.m.," I announced.

"That's the curfew at home," one of the boys said.

"Same rules here," I said.

I find it quite amazing that these children - after a year of virtual on-line learning (that is, eyes glued to laptop or desktop computers from 9 a.m. to 3 p.m., five days a week) - still have such voracious appetites for video-game content. The topic does not appear in the policy literature of any of the federal political parties, but I firmly believe that politicians of every region and stripe had better be prepared to face one of the worst side-effects of the COVID outbreak. I consider deteriorating mental and physical health of school-age children the result of continuous virtual learning (being planted in front of computer screens instead of actual classrooms) the hidden pandemic of our time.

Back to my weekend grandchild-rearing challenge. Having ripped the boys' computers from their hands for the bulk of the day, my Job One was to find leisure pursuits other than those found in the black hole of video gaming. The first distraction I found was a clean-up job in the garage. And didn't the boy's grandmother need her gardening corner cleaned out and put back together. Well, that lasted until all I heard was "I'm tired of cleaning." Or, "Gee, this is boring." Clearly, the concepts of completing household chores, or earning their leisure time, remains to be taught. Thankfully, a lunch prepared by their grandmother came to the rescue.

I'm not a psychologist or pediatrician, but I believe after nearly two years of isolation, our grandkids have not enjoyed enough healthy contact with their peers. Experts call it "socialization." Children have been cooped inside for months on end, isolated from one another. Authorities have closed their playgrounds. And if they do see other children, they're all masked. A story in the *Washington Post* reported children being reprimanded and sent home simply for building a snowman with other children!

Sources in the *Post* story go on to say that severe play deprivation, during the first 10 years of life, is linked to what's called "emotional dysregulation." In terms you and I can understand, that means kids are more depressed; they're inflexible in thought; they can't control their aggression; and they don't relate to each other very well.

"The opposite of play is not work," developmental psychologist Brian Sutton-Smith told the *Post*. "It is depression."

"How 'bout some soccer, guys?" I asked enthusiastically after lunch.

That was good for about 15 minutes. Then, they needed a drink. I invited them to help me build a backyard toy my wife brought home in a box - Ladder Ball. For the uninitiated (as I was), it's two self-standing ladders, each with three rungs, at which each player tosses bolos - two golf-ball-sized rubber balls on either end of a foot-long string. The construction of the ladders, etc., took me about 20 minutes. Boredom struck about 10 minutes after I'd set up the apparatus.

I didn't want to use that line our parents did - "There are deprived kids in Eastern Europe, you know. So, be thankful for what you've got." But, I could have. That same *Post* story quoted a research project at a Romanian pediatric hospital during the pandemic. Valerie Strauss reported that children, ranging in age from one to 10, had suffered chronic neglect and abuse, some even tied to a cot. When the children were suddenly allowed contact with other children, their fine motor skills improved, and they played in creative ways, fully engaged with other children.

The solution? "Unfettered playful interaction among the children themselves," the study said.

Anyway, late that afternoon of the first day tending our grandsons, when I'd literally run out of options, the boys' cousins arrived. All five boys now made their way to a slack line (complete with monkey rings, ladders and swings) which has hung in our backyard pretty much unused most of the summer. Within minutes, the boys had gathered there, invented their own Olympic Games venue, a series of skill-testing stunts on the slack line, and even a panel of judges (including me) to determine a winner. They'd proven the experts right. Children can improve each other's mental state while playing.

Paying attention, federal candidates?

**For more Barris Beat columns, go to [www.tedbarris.com](http://www.tedbarris.com)**



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[jamescampbellinsurance.com](http://jamescampbellinsurance.com)



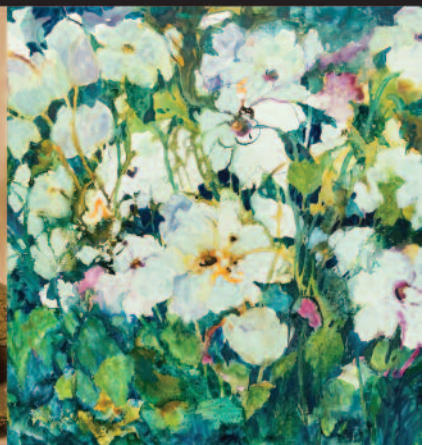
36TH  
ANNUAL

# Uxbridge Studio Tour 2021

Sep 18 10-6  
Sep 19 10-5



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## Things that flutter in the night - a webinar

Did you know that, of the roughly 5,300 known species of moths and butterflies in Canada, moths represent 90 per cent of this insect group? Not only are moths diverse, they show spectacular patterns and colours when one takes a closer look.

North Durham Nature presents a webinar entitled "Moths: Butterflies of the Night" on Sept. 21, 7 p.m., that explores life histories, how to find moths, the main families and fun facts about them.

Local ecologist James Kamstra is familiar with, and has studied many facets of natural history. Insects are a particular passion. He started collecting insects more than 50 years ago, but now uses a camera to record his find-

ings.

To take part in this informative webinar, simply become a member of North Durham Nature at [northdurhamnature.com](http://northdurhamnature.com). The cost is only \$10 and you will be able to participate in the remaining 2021 presentations.

### MONTHLY DRAW WINNERS

**The Rotary Club of Uxbridge is pleased to announce the winners of the August monthly draw for the 2021 Trip of the Month Club!**

**The 'Hello/Bonjour' trip** was won by Guy Rogers, ticket #097 sold by Dale Hickey.

**2nd place, \$150**, won by Kirsten & Richard Clark, ticket #148, sold by Marion Martin.

**3rd place, \$100**, won by won by Maggie Ferraro, ticket #183, sold by Cyndie Jacobs.

Congratulations to our August draw winners, and best of luck to all our ticket holders for the 2021 Trip of the Month Club draw for September - 'Bask in Fall Colours'. The package includes round trip motor coach transport to Gatineau, Quebec, with 4 nights' accommodation in various 4-star hotels, with full breakfast daily, tour of Gatineau Park, lunch at MacKenzie King Estate, cruise on the Ottawa River, tour of Fairmont Chateau Montebello, and all gratuities and taxes.

As restrictions are still in place for travel, a voucher for \$2,500 from Getaway Travel or cash option of \$2,250 is available instead of the trip.



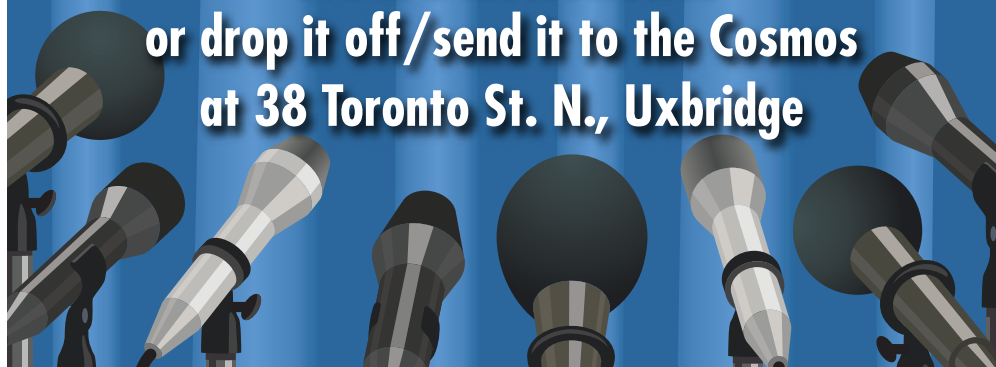
## The Uxbridge Cosmos

**All Candidates Meeting  
Live on YouTube & Facebook  
Wednesday, Sept. 8, 7:00 p.m.**

**Questions and comments from the public that are posted during the event will be moderated by the Cosmos and relayed to candidates during the meeting.**

**If you have a question you'd like to submit prior to the meeting, please email it to [Lvann@thecosmos.ca](mailto:Lvann@thecosmos.ca)**

**or drop it off/send it to the Cosmos at 38 Toronto St. N., Uxbridge**



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Join us for a preview of the upcoming Uxbridge Studio Tour and enjoy treats from some of our local favourites!

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We wish you continued happiness with much love, Kim,, Jill, Bill, Sue, Bob, Jeff & Shan, your 12 grandchildren and 7 great-grandchildren.



**LIKE A BOLT FROM THE ... PURPLE? - Uxbridge Cosmos** photographer John Cavers braved the lightening storm that swept through the township on Sunday evening, capturing this shot in the sky above Uxbridge from the Uxbridge Historical Centre. The photo has not been touched up in any way, except to make it lighter for publication in the newspaper.

*Photo by John Cavers*



The Uxbridge & District Lions are conducting our annual **Voluntary Road Toll** this year at the Zehrs, Walmart, LCBO plaza on **September 10 and 11.**

Our club supports over two dozen groups either located in or serving our community, and this year we are actively engaged in developing a "Universal Playground" (accessible to children of all abilities).

For those who do not have cash or are unable to be here on Sept. 10 & 11, we accept etransfers to **UxbridgeLions@gmail.com**

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## Watching Things Grow

with Heather Hunter

*Off With Their Heads!*

Once you have bought your perennials and annuals in the spring and have planted them in your garden, you want them to bloom for as long as possible. The secret here is deadheading, removing the spent flowers so that the plant's energy goes into producing new flowers rather than seed pods.

I personally find this exercise very therapeutic. I head out first thing in the morning or maybe after dinner when things are cooling down, carrying my garden shears and a small pail.

When deadheading, you cut the flower stem below the spent flower and just above the next set of healthy leaves. Do this right after the flower begins to fade and suddenly your garden will look fresh and tidy!

A little research will help you determine which plants should be trimmed back. Cosmos, geraniums, roses, marigolds, zinnias, nepeta, blanket flower/gaillardia, and scabiosa, if deadheaded regularly, will continue to bloom most of the summer.

Spent peonies should be removed to allow the energy to return to the tuberous roots.

You might want to leave some plants such as foxglove, hollyhock and forget-me-nots to go to seed and produce new plants the following year.

And here comes another exception. If you wish to attract wildlife to your garden in the winter, leave some seed pods in the late fall. Birds enjoy perching on echinacea (coneflowers) and snacking on their seeds, and gold finches are attracted to rudbeckia (black eyed -Susans) and many seed-eating birds would love a sunflower!

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# Perspective with Brian Evans

## Estate Process – Part #1

If there ever was a topic that most want to avoid...it is the planning process for the settlement of your estate. The reason for the neglect could be because of the following realities: "I will die!"; "I will take nothing with me!"; "I will probably die at a time I did not anticipate!"; "Someone else will get my 'stuff'!"

Since the beginning of time, it has always been the same. How could it be different now? Yet the way we deal with these realities can be one final act of stewardship and expression of love to those we care about. A person can only decide *before* they die who gets their 'stuff' after death. The end of life is appointed and is similar to an exam. If you study now and prepare, it always helps you finish well.

That is actually the first important point. It needs to be understood that wealth transfer is not an event...it is a process. The estate planning process should start now. Completing the process will bring a heightened sense of peace and confidence in knowing that your family will be looked after while at the same time ensuring your final wishes will be

provided for. Just ask those who have already prepared!

The estate process is not only the transfer of your assets and belongings. A well-planned estate will take into consideration the impact it will have on beneficiaries. Beneficiaries should never be surprised by the decisions of a benefactor. These decisions will be consistent with the way they lived their life and the priorities that guided their financial decisions.



And take some time to consider these questions. Are the next stewards prepared to responsibly manage what is left to them? Are your heirs (spouse, children or grandchildren) in a position to understand what would be an effective use of an inheritance that could continue the heritage you have left? Are they trained in the values and priorities that have guided you and that could continue a positive impact on the

world they remain in? Do they have an understanding of or know where to get good counsel on tax and estate laws and investment principles and strategies?

An estate process should not attempt to manipulate behaviour or change lifestyle. Neither should it be controlled by the demands or expectations of beneficiaries. It should help heirs rather than harm them financially. Even though some beneficiaries may need some guidance and

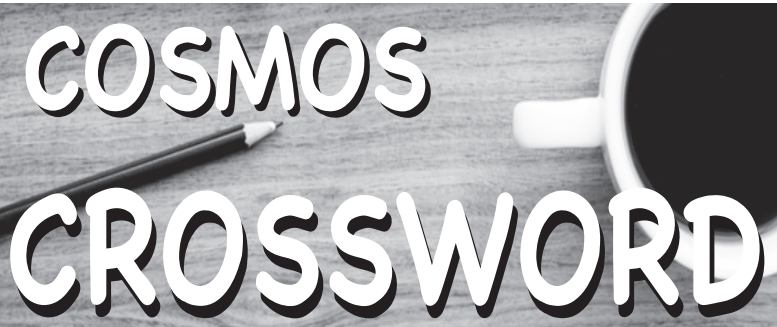
protection, trying to establish control 'from the grave' may not be advantageous in all relationships.

R.G. LeTourneau once stated that "rather than leave our wealth to our children, we'd rather leave our children to the world."

One day, we all will leave 'stuff' to someone else. Doesn't it make sense to be the

one to choose who those "some-ones" are and be a part of helping them be ready to receive it? A well-prepared plan will relieve stress and give you comfort.

This five-part series will provide perspectives to strongly encourage you to prioritize an essential process of effective wealth transfer which will, when completed, bring you peace of mind! After that...live!



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### Across

- 1 Convention group
- 5 Between
- 8 Dotty
- 12 Belgian currency
- 13 Actress McGraw
- 14 Love god
- 15 Business V.I.P.
- 16 Rice dishes
- 18 Root of a sweet flag plant
- 20 Pertaining to sense of smell
- 23 Fit for farming
- 27 United Nations agency for workers, for short
- 28 Questionable
- 31 Ballerina's pivot points
- 32 Fate
- 33 Ventured
- 35 \_\_\_ and downs
- 36 Kind of proportions
- 38 Was a passenger
- 39 Air, land and \_\_\_
- 40 Misshape
- 42 "\_\_\_ Heartbeat" (Amy Grant hit)
- 44 Natural springs
- 47 Yankees' sport
- 50 Computer symbol
- 54 Baking chamber
- 55 Most talked about drink in "Pi rates..."
- 56 Mike Myers, for love
- 57 Student's book
- 58 Parched
- 59 \_\_\_ Lake, Minn.

### Down

- 1 Pollinator
- 2 Unit of illumination
- 3 Mining discovery
- 4 Spherical bacteria
- 5 Fertilizer
- 6 Lt \_\_\_, "Star Trek" character
- 7 Appalled
- 8 Bothers a lot (2 words)
- 9 Borghese patronized it
- 10 Slime
- 11 Donkey
- 17 "\_\_\_ House" (Crosby, Stills, Nash & Young hit)
- 19 Kind of rock
- 20 Lubricated
- 21 Hill incline
- 22 Theme
- 24 Haul with a tackle
- 25 Social outcast
- 26 Blue-book filler
- 29 Area adjacent to animal pens
- 30 Moving to and \_\_\_
- 34 Hunter's quarry
- 37 Penetrating
- 41 Confederate soldier
- 43 A sign (for victory)
- 45 Slander
- 46 Abounding with specific trees
- 47 "I Ro\_\_\_" movie
- 48 Old greeting
- 49 Census datum
- 51 Prompt
- 52 Table scrap
- 53 Almond, for one



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### SERVICES

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# The Nature Nut

column by Nancy Melcher

## Local deciduous trees

With the warmer weather it's easier to get out for a walk on the trails. But what are you are looking at? Let's look up to the trees overhead.

Are the leaves whole, or do they have lobes? Are they single or compound (with many leaflets on a single stem)? What does the bark of the tree look like? And what's the general shape or growth pattern? Your answers will help narrow down what you may be looking at.

Let's start with the inspiration for our flag. Maple leaves have three big lobes at the top and two small lobes near the stem, growing with opposite leaf arrangements on branches. Sugar maple leaves have smooth edges with a few irregular wavy teeth and U-shaped notches between the lobes. Red maple leaves are a similar size with small sharp teeth around the edge and V-shaped notches between lobes. Silver maples have deeply notched lightly toothed leaves that are whitened on the undersides.

Another lobed leaf belongs to the oaks. The leaves grow in an alternate arrangement along the branches. Red oak leaves are up to 17 cm long, with seven to nine tapered smooth lobes ending in a sharp tip. White oaks have similar sized leaves that are deeply notched with seven to nine

rounded tips.

There are several trees with leaves that are not lobed. They may be long and slender (willow), oval (cherry, birch, beech) or almost round (poplar, basswood). In spring, willow branches have a wondrous yellow glow before their narrow, pointed leaves emerge. They often grow close to streams, ponds or lakes.

Black cherry can grow over 20 metres tall. Its very dark bark has squarish scales that curve outward at the edges. The leaf is a narrow oval eight to 12 cm long, sharply pointed, with tiny, curved teeth along the edge.

Birches have papery bark that falls off in strips. Tempting as it is, do NOT peel away the bark because it

protects the growth layer just beneath. White and yellow birch leaves are egg-shaped, double-toothed around the edges, tapering to a sharp point at the tip. White birch has a creamy white bark that peels off in large sheets. The thin, bronze-yellow bark of yellow birch bark does not peel well.

Some young American beech trees keep their leaves throughout the winter, possibly to keep deer from eating the buds and twigs. Shaped like an elongated oval, they are almost leathery with straight veins ending at a prominent tooth at the edge of the leaf.

Aspen have leaves that are almost round. The stems are flat and the leaves quiver in the slightest breeze. The young bark is waxy and pale, becoming grey with furrowed ridges on mature trees. Trembling aspen leaves are four to five cm across with fine teeth on the margin. Largetooth aspen leaves are five to 10 cm across with large blunt teeth roughly every centimetre along the leaf edge.

Basswoods have the largest leaves,

up to 14 cm across! They're heart-shaped, with one side longer due to an extra vein, and small teeth around the margin. Growing up to 20 metres in height, the mature trunks may be over 60 cm in diameter, with dark greyish-brown bark broken into

long, scaly ridges. There may be several trees growing together from a common base.

Nancy Melcher is *The Nature Nut*. Send details of your sightings or questions about the natural world to: [general@melcher.cx](mailto:general@melcher.cx)

## Clara Tomkinson

In loving memory of Clara Tomkinson (née Bierema) who passed away peacefully on Sunday, August 29, 2021, in her 84th year.

Clara was the cherished wife of Reginald Tomkinson for 46 years until his passing in August 2004. In her final days and hours, she was surrounded by her children and grandchildren: Dave (Lori), Doug, Mike (Shelagh), Luke, Megan, Michael, Liam Benjamin, Emma, Sarah, and Gwendolyn, all whom loved her dearly and will never forget her undying love and caring for them.

She will be missed and her memory will be kept alive by her devoted extended family (especially her brother, Sam) and her many close friends.

The family, with appreciation for the exceptional care given by the Palliative team at Peterborough Regional Health Centre, requests in lieu of flowers that donations to the Palliative floor be considered (donate online - [www.prhcfoundation.ca](http://www.prhcfoundation.ca) or by phone 705-876-5000). Private family arrangements have been

entrusted to the Low & Low Funeral Home, 23 Main Street South, Box 388, Uxbridge L9P 1M8 (905-852-3073). Interment took place at the Foster Memorial Cemetery. Online condolences can be made at [www.lowandlow.ca](http://www.lowandlow.ca)



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## ALSOP, William Richard

Passed away peacefully at Oak Ridges Hospice on Monday, August 23, 2021, at the age of 93.

Beloved son of the late James and Gertrude Alsop. Bill will be greatly missed by his son, Jonathon, as well as numerous friends and family, including nieces and nephews. Predeceased by his wife Edith (Brooks) and his brother Gordon.

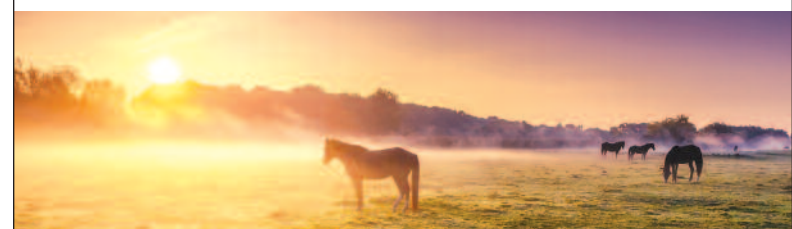


Bill grew up in Ashworth, north of Uxbridge, where he spent his life farming. Together with his brother, Gord, he raised shorthorn cattle, pigs, and kept draft horses, which he enjoyed working with from the age of 8. From the smallest fair to the Royal, if there were good horses, he was interested. Throughout his life he also enjoyed going dancing, something he did into his 80s. It was at a dance where he met Edith, and with her that he spent the happiest years of his life. Regardless the backdrop, Bill was happy to have a chat with friends and family alike; he valued a good visit, whether in person or over the phone.

Thank you to the staff at Oak Ridges Hospice for the last week of care, and to staff at Butternut Manor for their care and for creating a home for Bill over the last several years.

If you wish, memorial donations can be made to the Canadian Belgian Horse Association.

A private funeral and reception was held at the Uxbridge Cemetery and the Quaker Meeting House on Saturday, August 28, 2021. Arrangements entrusted to Low and Low Funeral Home, 23 Main Street South, Uxbridge (905-852-3073). For online condolences, please visit [www.lowandlow.ca](http://www.lowandlow.ca)



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**FEDERAL  
ELECTION / MONDAY, SEPTEMBER 20**  
**#ItsOurVote**

## Make sure you are registered to vote

Voting for the first time? Moved recently? Check or update your information.



### Watch for your voter information card in the mail

It tells you where and when you can vote.



#### Contact Elections Canada if your voter information card:

- has incorrect information
- hasn't arrived by September 10

## Your health and safety is our priority.

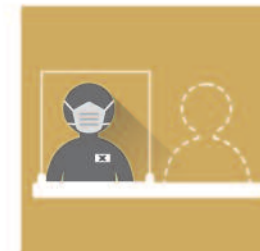
At your polling station, poll workers will be wearing masks. There will also be:



Hand sanitizer stations



Clear physical distancing markers



Only one poll worker per desk behind a plexiglass barrier

## When you go to vote, don't forget:



Wear a mask



We will provide you with a single-use pencil to mark your ballot, or you can bring your own pen or pencil



Practice physical distancing by staying at least two metres away from voters and poll workers

*If you have tested positive for or have symptoms of COVID-19, or if you have been in contact with someone who has the virus, visit [elections.ca](https://elections.ca) to apply to vote by mail. You have until Tuesday, September 14, 6:00 p.m., to apply.*

  
**It's Our Vote**

### Stay safe. Vote safe.

Visit [elections.ca](https://elections.ca) for the official information on voting and the health and safety measures in place

1-800-463-6868 / [elections.ca](https://elections.ca) / TTY 1-800-361-8935

