

The Uxbridge Cosmos

Vol. 17 No. 35

TheCosmos.ca

Thursday, September 9, 2021

How and where to vote • 100 holes of golf • Volunteers wanted



TROOP SALUTE! - Last Thursday evening, four members of the 1st Uxbridge Scout Group received the highest honour a Scout can receive, the Chief Scout's Award. Group Commissioner Craig Marlatt (in red) presented, from left: Connor Mills, Liam Mills, Ryan Webster, and James Marlatt with plaques, certificates and letters of commendation from various levels of government. Scouts can earn the Chief Scout's Award by completing at least 18 outdoor adventure skill levels, 30 hours of community service, participating in personal progression reviews, leading activities, and completing a capstone project that benefits the community.

Photo by John Cavers

Farm fresh produce helps DFRFR help farmers

by Justyne Edgell

A local farm has partnered with a group that helps local farms and farmers, hoping to raise funds to help more farmers!

Durham Farm and Rural Family Resources (DFRFR) has teamed up with Forsythe Family Farms, in Greenbank, for a "Fall Harvest Hamper" fundraiser.

"We were looking for a fundraiser that we could do during the pandemic, that didn't have people coming together in large groups, and that could be done safely outdoors. Our former president, Janelle Francis, brainstormed with Forsythe Farms, who we've partnered with in the past, to come up with the produce bag idea," says Jessica Manthorpe, current DFRFR president.

The local produce bags are \$25 each, with 50 per cent of proceeds going to the farm and the other half going directly to help with the

DFRFR child care programs for rural families in the community. With each produce bag purchase, Forsythe Farms is also giving free admission to enjoy a day on the farm.



For decades, DFRFR has been supporting the rural, farming families of North Durham, with

childcare, fundraisers and farm safety programs. DFRFR normally raises funds in the autumn months through its Duffle Bag Theatre fundraiser, but the COVID pandemic stifled those plans.

DFRFR and Forsythe Farms are additionally looking for some extra hands to help out. High school students looking for volunteer hours, and other community members interested in lending a hand, can email office@durhamfamilyresources.org to get involved.

Orders for the seasonal produce bags can be made until September 24. Bags can be picked up at Forsythe Family Farms, located at 1025 Cragg Rd., Greenbank, on October 2, between 10 a.m. and 2 p.m.

To order, scan the QR code, located here, with a smartphone camera or visit durhamfamilyresources.org/events/2021-fall-harvest-fundraiser/ for a link to the digital order form.

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Council & Committee Meetings

Meeting Schedule for September, 2021

- Monday, September 13
COUNCIL MEETING, 10:00 a.m.
PUBLIC MEETING - ZBA 2021-07
SUNROCK, 11:30 a.m.
PUBLIC MEETING - ZBA 2021-01
EVENDALE APARTMENTS, 7:00 p.m.
- Tuesday, September 14
ACTIVE TRANSPORTATION
COMMITTEE, 7:00 p.m.
- Wednesday September 15
AGE FRIENDLY COMMITTEE, 3:00 p.m.
COMMITTEE OF ADJUSTMENT
MEETING, 7:00 p.m.
- Monday, September 20
COMMITTEE MEETING, 10:00 a.m.
PUBLIC MEETING - ZBA 2021-08
OLAND, 7:00 p.m.
- Tuesday, September 21
BIA BOARD, 7:00 p.m.
- Monday, September 27
COUNCIL MEETING, 10:00 a.m.
- Proclamations for the Month**
National Hunger Action Month
Big Brothers Big Sisters Month
Big Brothers Big Sisters Day - September 18
Franco-Ontarian Day - September 25
National Truth and Reconciliation Day - September 20

Closures

- Lane restrictions on Brock Street East from Nelkydd Lane to Regional Highway 47 will be in effect until mid-September, 2021 as the Region installs underground services.
- Closure of the Toronto Street sidewalk adjacent to the Uxbridge Public Library will be in effect from August 23 through to mid-October for clock tower restoration work.
- Victoria Street will be closed each Sunday (7:30 a.m. - 3:00 p.m.) from Brock St. W. to King St. W., from May to October due to the Farmer's Market.

Uxbridge at a Glance

The Corporation of The Township of Uxbridge
51 Toronto Street South, P.O. Box 190
Uxbridge L9P 1T1
905-852-9181 info@uxbridge.ca

Employment Opportunities

Details of all current positions are available at
www.uxbridge.ca/careers

Parks, Recreation and Culture – Arena
Attendant Assistant, Casual P-T
Closes September 10, 2021

Parks, Recreation and Culture – Arena
Attendant, Adult
Closes September 10, 2021

Parks, Recreation and Culture – Arena
Attendant Assistant, Student, Casual P-T
Closes September 10, 2021

Parks, Recreation and Culture – Attendant,
Unskilled, Fall Contract
Closes September 10, 2021

Development Services – Director
Closes September 20, 2021

Fire Department - Assistant Fire Chief,
1-year Contract
Closes September 23, 2021

We are an equal opportunity employer in accordance with the Accessibility for Ontarians with Disabilities Act, 2005 and the Ontario Human Rights Code (OHRC). The Township of Uxbridge will provide accommodations throughout the recruitment and selection and/or assessment process to applicants with disabilities and/or needs related to the OHRC. Personal information provided is collected under the authority of The Municipal Freedom of Information and Protection of Privacy Act.



FROM THE TAX OFFICE Property Tax due date is September 28, 2021

Tax Payments Options:

- At Township Municipal Office with cash, cheque or debit. Credit cards and e-transfers are not accepted for tax payments.
- In an after-hours Drop Box located in the Municipal Office front parking lot. – DO NOT DEPOSIT CASH Post-dated cheques are accepted.
- By Mail - Payments must reach the Municipal Office by the due date.
- Through Internet or Telephone Banking.
- At most Financial Institutions.

Penalty/Interest Charges:

For non-payment of a tax levy on or before the respective due dates of each installment, a penalty of 1.25% shall be imposed on the first day of each calendar month and thereafter in which the default continues. Failure to receive a Tax Bill does not excuse the taxpayer from responsibility for payment of taxes nor liability of any penalty or interest due to late payments.

The penalty/interest charges cannot be waived or reduced by the Tax Department or Council for any reason.

PLEASE RETAIN YOUR 2021 FINAL TAX BILL FOR INCOME TAX PURPOSES.

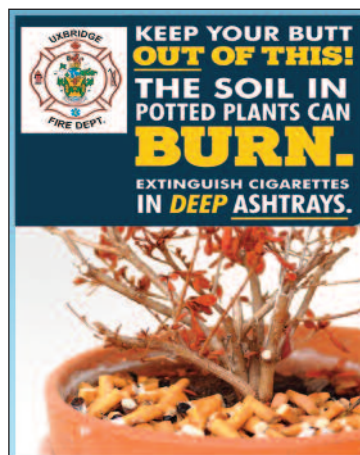
If a reprinted tax bill, receipt or Statement of Account is required for any year's taxes, a fee of \$15.00 will apply.

If you did not receive your 2021 Final Tax Bill, please contact the Tax Department at 905-852-9181 or tax@uxbridge.ca

TIME TO ENROLL IN THE 2022 PRE-AUTHORIZED PAYMENT (PAP) MONTHLY TAX PLAN

- Benefits - no worry about missed due dates or late payment charges. Monthly payments allow for easier budgeting. Eligibility requires your property to be fully assessed and your tax account up to date.
- Pre-Authorized Payment Forms (pdf) are available at www.uxbridge.ca/taxes or at the Tax Department. Return completed Form and void cheque or Bank form to the Township of Uxbridge Tax Department or email to tax@uxbridge.ca

The deadline to submit your application is NOVEMBER 30, 2021.



CALL FOR VOLUNTEERS!

at the Uxbridge Historical Centre
Tour Guides, Cataloguing, Gardening, and more!



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Call: (905) 852-5854
Email: museum@uxbridge.ca



The 2021 Mayor's Golf Tournament raised over \$20,000 to support non-profit groups and individuals seeking funding for activities and events that will benefit our entire Community! Thank-you to the **Wooden Sticks Golf Club** and to Kyle Hooper and Steve Wilson for all your help, and to participating golfers.

We are grateful to key sponsors:

CIBC Wood Gundy **Macaulay Shiomi Howson**
Mosaik (Uxbridge) Inc. **Ski Dagmar**

Thank-you also to our hole sponsors:

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Please fill out the Request for Alternate Formats Form at uxbridge.ca/accessibility

email: accessibility@uxbridge.ca
phone: 905-852-9181 ext.209

How and where to vote in Uxbridge

by Roger Varley

Uxbridge residents who want to cast their ballots in person in the Sept. 20 federal election can do so at Poll 033 at the Uxbridge arena on Brock Street West. Voting hours run from 9:30 a.m. to 9:30 p.m.

For those wanting to vote in the advance poll, Poll 603 will be open at the Uxbridge Senior Centre on Marietta Street from 9 a.m. to 9 p.m. from Sept. 10 to

Sept. 13.

To vote by mail, electors should visit an Elections Canada office or go to the Elections Canada website to fill out an application for a mail-in ballot. Deadlines apply. Visit Voting by mail – Elections Canada for details.

Last night (Wednesday) was the first and only all-candidates meeting in Uxbridge, hosted by the *Uxbridge Cosmos*, with representatives of the Liberals, Conservatives, NDP and People's

Party on hand. The meeting was held at the arena with no audience but residents could watch the proceedings on a live-stream on YouTube and Facebook. A report on the meeting will be published in next week's edition of the *Cosmos*. A recording of the video is available on the *Cosmos* website, thecosmos.ca, and on the *Cosmos's* YouTube channel, Cosmos Uxbridge.

Golf marathon to raise needed funds for local charity

A big yellow bus is coming for Jennifer Ashleigh Children's Charity.

More to the point, the Yellow Bus Foundation will be holding its 25th Annual 100 Hole Golf Marathon on Friday, September 17, and Jennifer Ashleigh Children's Charity (JACC) is one of the benefactors of the marathon.

An annual event, the golf marathon, which will be held at the Glen Eagle Golf Course in Bolton, has raised \$8.5 million in support of children with life-threatening illnesses, as well as disadvantaged youth living in communities throughout Ontario. Jennifer Ashleigh Children's Charity was one of the charities selected by The Yellow Bus Foundation again this year.

Each charity that the foundation selects helps children who deal with serious illnesses every day by increasing their access to programs and support that will help them reach their full potential. The mission of the JACC is "to improve the quality of life for seriously ill children and their families...when love is not enough." The JACC acts as a safety net for sick children and their families when they have nowhere else to turn, helping them access the medical care and treatment they need. JACC receives no government or United Way funding.

"We are so grateful to The Yellow Bus Foundation for this incredible opportunity, and for the dedication of the participants of the marathon and those who sponsor them" said Mary-Anne Herrema, JACC's executive director. "The support that we receive from The Yellow Bus Foundation through this event

makes an enormous impact on the families that come to us for help. COVID-19 continues to affect our JACC children and families, and this support from the Foundation means that we don't have to say "no" when families reach out to us."

Approximately 40 golfers, along with their supporters, each raise a minimum of \$3,500 in pledges to participate. The day includes 12 hours of golf, and, according to a press release from the Yellow Bus Foundation, a "good group of participants, heartfelt testimonials throughout the day and the chance to win some great prizes."

The golf marathon aims to raise over \$500,000 each year. The Yellow Bus Foundation reports that last year it distributed more than \$500,000 and helped more than 300 Canadian children and young people in need.

"We are pleased to partner with the Jennifer Ashleigh Chil-

dren's Charity" says Kim Carrigan, The Yellow Bus Foundation manager.

"If you enjoy golf and helping seriously ill children in your community, come and join us for this fun packed, one-of-a-kind experience next year. This year's is extremely important as we focus on raising funds in support of our charity partners hit particularly hard by the COVID-19 pandemic."

To play in this year's 100 Hole Golf Marathon, visit yellowbusfoundation.com for more information."

A ministry of St. Paul's Leaskdale



A support group for those grieving the death of someone close.

Meets in person at St. Paul's Leaskdale following COVID protocols Mondays 7-9 pm, Sept. 13-Dec. 13, 2021

More information & register: <https://saintpauls.ca/find-support/griefshare-registration/> Cost \$30.00

Questions? Email reception@saintpauls.ca



The Uxbridge & District Lions are conducting our annual **Voluntary Road Toll** this year at the Zehrs, Walmart, LCBO plaza on **September 10 and 11.**

Our club supports over two dozen groups either located in or serving our community, and this year we are actively engaged in developing a "Universal Playground" (accessible to children of all abilities).

For those who do not have cash or are unable to be here on Sept. 10 & 11, we accept etransfers to UxbridgeLions@gmail.com

You can also donate online at UxbridgeLions.com



Our two cents

Zombies on parade

On March 19, 2020, one week after Ontario first shut down because of the COVID-19 pandemic, *Cosmos* columnist Roger Varley wrote about the restrictions that had recently been put in place and ended his column "Am I Wrong?" with the paragraph: "It seems to me that all this caution needs to be mixed with a good dose of common sense before we watch society turn into the real-life version of zombie apocalypse."

Obviously, Varley was using a little tongue-in-cheek when he wrote those words, but after 18 months of shutdowns and restrictions, it appears he was not far off the mark. In the last number of weeks, a large segment of the population has been acting very much like the brain-eaters in popular zombie movies.

On the campaign trail, Prime Minister Justin Trudeau has been subjected to both verbal and physical attacks, mainly from large numbers of anti-vaxxers who are not so restricted that they can't follow him around the country. Health-care workers and hospitals have been subjected to mass protests and verbal abuse by those opposed to COVID-19 vaccinations and mask-wearing. Flight attendants now fully expect to be attacked by irate passengers who don't agree with in-flight protocols. Anti-vaxxers have even been caught screaming obscenities at children because they were wearing masks. Protesters have attempted to close down restaurants and other places of business because those establishments had COVID-19 protocols in place. On the local front, Mayor Dave Barton told us he was recently called "Hitler" by someone who doesn't agree with how the township has handled the pandemic.

All this in a society where, not so long ago, people would say "I'm sorry" at the drop of a hat. One might wonder how this turn of events could occur so quickly. One might also wonder how so many people can believe the promises being made by political leaders during an election campaign and yet refuse to believe what medical experts and scientists are telling them about the coronavirus.

As is the case with COVID-19, all this anger is not going to suddenly disappear. The fourth wave is upon us and predictions are that it will be just as tough, if not tougher, than the first three. It doesn't take a genius to figure out that restrictions and protocols will remain with us for quite a while if large segments of the population continue to resist vaccinations. The latest estimate we can find is that over five million eligible Canadians still have not received even one jab. As long as they move freely among us, the virus will continue to spread and shutdowns will continue.

When the Toronto Blue Jays played the Oakland Athletics on the weekend, the stands were crowded with unmasked spectators, the players hugged and embraced each other every time a run was scored and, of course, there was a lot of spitting going on in the dugout. It would not be stretch to predict a large number of new cases will result.

All of which indicates to us that those protesters are directing their anger at the wrong people. They should be angry with themselves for making the problem worse.



Time to put a filling in truth decay

Guest editorial, written by Jamie Irving, Chair, and Paul Deegan, President and CEO of News Media Canada. Used with permission.

It's increasingly rare that Canada's major political parties agree on anything, especially during the heat of a federal election campaign. Yet, all agree that we should look toward Australia to ensure the long-term commercial viability of Canada's news publishing business. Why is a strong news publishing business important to Canadians? Simply put, journalism is vital to our democracy.

In their 2018 book *Truth Decay*, Jennifer Kavanagh and Michael D. Rich of the RAND Corporation argue that there is an "increasing disagreement about facts and analytical interpretations of fact and data; a blurring of the line between opinion and fact; an increasing relative volume, and resulting influence, of opinion and personal experience over fact; and a declining trust in formerly respected sources of factual information."

Digging a little deeper, the authors note that, in the past, newspapers and news channels mediated information. As 'gatekeeper' institutions, publishers and broadcasters were and remain accountable because they can be sued for defamation, and they are subject to certain standards and regulations. Not so with the social media and internet platform companies, who go unchecked and remain unaccountable. The authors argue that "The filters and algorithms embedded in social media platforms and search engines, such as Google, contribute to Truth Decay – and particularly to increasing disagreement and the blurring of the distinction between opinion and fact – by inserting bias into the types of information a person is

likely to encounter or engage with."

We wholeheartedly agree with their conclusion that Truth Decay has damaging consequences, including, "The erosion of civil discourse; political paralysis; alienation and disengagement of individuals from political and civic institutions; and policy uncertainty."

Which brings us to the question, what can we, as Canadians, do about it?

One solution is investing in investigative journalism, which is a formidable public check on the powerful, including governments and corporations. Investigative journalism serves the public interest and



often drives administrative, legislative, and regulatory reforms and better behaviors. Investigative journalism takes an investment in time, talent, and hard dollars. Today, with advertising dollars being syphoned off by Big Tech, dollars are scarce, and newsrooms are both stretched and stressed. Investigative journalism can only flourish in a healthy media ecosystem.

The Australians have figured this out. In 2019, the Australian Competition & Consumer proposed a mandatory code and arbitration regime to level the playing field between the country's news publishers and Google and Facebook, which was opposed by both companies. That fierce opposition continued after the government introduced its bill. In February 2021, in a last-minute effort to stop the legislation

from going through, Google announced its "News Showcase" plan in Australia. For its part, Facebook threatened to walk away with their marbles and leave Australia altogether. However, neither tactic succeeded. The government went ahead and enacted the bill. It received royal assent in March 2021.

The results have been a stunning success for local news media in Australia. To avoid binding arbitration, both platforms have negotiated contracts with the news media that provide meaningful remuneration. Although the actual terms are confidential, and some of contracts are still being negotiated, we understand that the two companies, on a combined basis, are paying in the range of 30 per cent of the cost of each full-time journalist. Clearly, the threat of baseball-style, final offer arbitration is leading to real dollars for Australia's news publishers – both large and small – to invest in real journalists, who produce real content.

That is far better than the divide and conquer approach employed by Big Tech, which lacks transparency, allows the platforms to play titles off against each other with inadequate compensation offers compared to what binding arbitration would provide, and leaves smaller titles out in the cold.

On behalf of Canada's news media publishers from coast-to-coast-to-coast, representing over 1,000 communities and employing over two-thirds of Canada's journalists, News Media Canada is heartened to see that all major political parties in Canada support this approach and recognize the urgency of the situation. We have produced a draft Digital Platforms Act, that can be introduced on Day One of the next

...continued on page 6

Your Universe

The Uxbridge Cosmos

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9,500 copies of The Cosmos are published each Thursday in the Township of Uxbridge: 8,800 delivered by mail, 700 available in stores and boxes.



A Blonde Moment

column by Lisha Van Nieuwenhove

Thank you for the music

A strange and wonderful thing happened to me last Thursday afternoon, something that I didn't figure would happen in my lifetime, or anyone else's lifetime, for that matter.

Swedish pop supergroup ABBA announced that they have reunited to release a new album, and teased fans with two brand new songs, the first in 40 years.

Many of you will now roll your eyes and move on to Ted's column because you don't give a rat's patootie about ABBA. Others may simply say "Oh, that's nice," and indulge me by reading on. And some will say "I know, isn't that exciting!?" and genuinely mean it. But before you give up on this column, let me warn you that I'm not going to expound on all the various merits I feel ABBA has (because I feel they have many!). Rather, I'm going to share why I think last Thursday's news affected me so profoundly.

I was first introduced to ABBA in, I believe, grade 5. My teacher, Miss Sandford, played a track off the *ABBA Greatest Hits Vol. 1* album every morning, to which we did our opening exercises while standing beside our desks. "Nina Ballerina" was a catchy little tune, and somehow I became interested in what else this band with the neat name had to offer.

Soon I was saving my meagre allowance, and one special Saturday my family and I trotted off to a record store in Markham, where I bought the very same album my cool teacher had. My first vinyl.

I quickly fell in love with the music, and had the lyrics by heart in no time at all. Now, at about the same time, a family moved in just around the corner and down the road from our house, and I became fast friends with the older of the two daughters, Linda. I can't recall us having much in common, other than a shared love for ABBA. We would sit in her room and listen to song after song, for hours on end. By the time Linda and her family moved away, I had most of the ABBA collection.

The group's call of a "hiatus" in 1982 didn't really affect my 12-year-old life much. I just kept listening to the music I loved. I went on to discover other music and artists, as any teenager does, and developed acoustic love affairs with whoever caught my ears' fancy at the time.

I am a musician. I began playing piano when I was three. I taught music lessons for 22 years. I have my Grade 10 piano from the Royal Conservatory of Music, and went as

high as it was possible to go learning RCM History, Harmony and Counterpoint (then it was Grade 5, but that was, ahem, a few years ago). I have studied music from all over the world, and thus have a very broad musical taste. I love old jazz, classical of all eras, pop, some rock - basically the only genres that really don't do it for me are heavy metal and country. And even then, I have a few select country artists in my CD collection. I've always maintained that I like the piece, rather than the artist. But if I were put on a deserted island and could only take one band's music with me, ABBA would be my choice. (Canadian songstress Loreena McKennitt would be my solo artist choice).

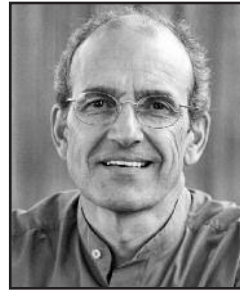
So, I've always loved ABBA. Big deal, right? Why, then, did last week's news have me fan-girling like a teeny-bopper? I wept. Not sobs, I just got a little teary, but there was water flowing. And I couldn't get enough of the news on what led to this new album and its accompanying concert show (yes, I'm saving to take a trip to London, now!). I was physically affected by three words: "ABBA is back."

I pondered this all weekend, as I listened to the two new songs on a continuous loop. Why was I reacting so viscerally to this news which, while fun and upbeat in a world that is anything but at the moment, qualifies as a bit of fluff, in the giant scheme of things. And I came to realize that music in every form, from early Gregorian chant (which I taught to a men's choir, once - not easy) to today's latest, runs right through my veins alongside my blood. If I were made to choose between losing my sight or my hearing, I'd choose my sight. I could never live without hearing music.

During my ruminations, I remembered that I also fan-girled over Mozart right after the movie *Amadeus* came out, in 1984. That led me to have regular birthday parties for long-dead composers - weird, yes, but a great asset when studying music history...

I need music in my life like I need food, water and shelter. And I think ABBA's news hit me hard because their music has been such a *huge*, positive, part of my life. Their music is part of my being.

Please don't bother sending me emails telling me I'm off my nut, that ABBA sucks, that my taste in music stinks, etc. That's just spreading negativity, and ain't nobody got time for that, especially me. I'll just tune you out, and go listen to their new music, instead.



The Barris Beat

column by Ted Barris

A summer for women

A week ago Tuesday, I joined my daughter for an event to remember. Canada's women's hockey team faced its arch rival - the Americans - in a three-on-three overtime period in Calgary for the International Ice Hockey Federation world championship. Just over seven minutes into sudden death, team captain Marie-Philip Poulin broke in on the U.S. goal and put a wrist shot off the crossbar down into the net for the victory. The *Toronto Star* interviewed former Leafs goalie coach Steve McKichan after the game.

"That's the Hall of Fame bardown shot in women's hockey," and he went on to say in the history of greatest Canadian hockey goals, "it was top-five."

I'm old enough to remember seeing the *Toronto Star's* photo of Bill Barilko's Stanley Cup winning goal in April 1951 ... watched from the basement of a University of Saskatchewan AV building as Paul Henderson scored the game winner in Moscow to win the 1972 Canada-Soviet Summit Hockey Series ... and actually covered (for CBC Radio) Wayne Gretzky's 50th goal in 39 games at the Northlands Coliseum in Edmonton in 1981. All great goals. But McKichan's right - Poulin's goal is up there.

Her stellar play in that series - through injury and criticism - to then come back in sudden death overtime to score the winner, has put an exclamation point on a summer like no other. Because they have excelled, stood out and stood up, over the past few months, women have led the way in just about every endeavour, in sport and otherwise. It's been the summer for women.

It began with the incredible performances by Canadian women at the Tokyo Olympics. Of course, swimmers Penny Oleksiak and Maggie MacNeil led the way at the pool, while Maude Charron's weightlifting gold brought perhaps the most genuine tears of joy. I'll personally remember for a long time the women's eight rowing crew winning Olympic gold (the first time in 29 years) and coxswain Kristen Kit climbing all over her teammates to hug them in victory.

As important, among Canada's Tokyo Olympic wins, I think, were the victories registered by Canadian Olympians Kim Gaucher and Mandy Bujold. Gaucher, on the national basketball team, was originally told safety protocols meant she couldn't bring her infant daughter with her to Tokyo. She claimed the International Olympic Committee was forcing her to choose between "being a breast-feeding mom and an Olympic athlete." The IOC reversed its decision. And Bujold won

her appeal to the court of arbitration for sport to box for Canada. The court ruled that the IOC had to accommodate women, such as flyweight boxer Bujold, who were pregnant or postpartum during the qualifying period.

"What a rightful decision," said Roy Halpin with Boxing Canada, "for all ... female athletes."

Away from athletics, American women have suddenly faced challenges to what some feel are their rights to abortions in Texas; they've demonstrated daily - in the face of violent taunts and threats - against new anti-abortion laws overturning the 1973 ruling legalizing abortion (*Roe v Wade*), calling them "sex discrimination at its worst." And in the wake of the Taliban takeover in Afghanistan, women in Kabul bravely took to the streets to demand the new hardline regime maintain the gains women have made in education, governance and expression in their country over the past 20 years.

I notice too that Amanda Gorman, the young poet who recited her iconic piece *The Hill We Climb* at Joe Biden's presidential inauguration, has also stepped up. After turning down a reported \$17 million in promotional opportunities, she has become the face for Estée Lauder to promote literacy among girls and women, and to campaign for equity and social change for oppressed women. Next week, she co-hosts the gala fundraiser at the Metropolitan Museum of Art in New York. "I realize this is my moment to tell the world what it needs to get done," she told the *New York Times*.

I believe Canada's world hockey championship victory last Tuesday, is among those "Where were you when...?" moments. When Marie-Philip Poulin took that pass from Brianne Jenner at centre ice in Calgary, and rifled the puck into the pigeon-hole-sized top right-hand corner for the victory, I was seated next to my adult daughter, watching the game on TV. We both love hockey - watching and playing it. We both were elated by the win.

My daughter told me afterward she's going to start calling the NHL, "the Men's National Hockey League," because the world insists on calling the game Poulin and her teammates play, "Women's World Hockey." Someday in the future as a journalist I hope I won't have to write a column celebrating *women's* achievements. I hope, on that day, I can just acknowledge their achievements for what they are (without a gender qualifier) as greatness!

For more Barris Beat columns, go to www.tedbarris.com

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Goodwood News with Bev Northeast

The kids are going back to school and hopefully COVID-19 stays away so classes can continue for them this time around!

It has been a very interesting and trying time for most of us, but we have to admit, Canada has weathered this COVID storm very well,

and we will continue to do so because we are Canadians and we respect each other. And you *have* to respect COVID.

Not much happening at our community centre, but I do hear that things might be opening up by the end of September, providing COVID is under control.

We have our speed camera, and I guess we can say it's working because some fool decided to knock it over.

A lot interest being shown in Thomas Foster Memorial, and we will be opening up Fridays at the

Foster in 2022. The Foster has joined the Leaskdale loop, which is held once a month at several different businesses in the Leaskdale area. To find out more, check out the business cards of the members at the chip truck in Leaskdale.

There are bargains for everyone, and remember - not only are these businesses unique, they are local.

With food prices going up, don't forget to assist the Loaves and Fishes Food Bank and Salvation Army in their goal of helping others.


Finally, please obey the speed limit while driving through Goodwood, and you won't be on our candid "traffic speed" camera.

Truth decay, from page 4

Parliament. It addresses the need for an exemption from section 45 of the Competition Act, which currently precludes collective bargaining.

The Google and Facebook platforms have combined annual revenue in Canada of over \$9 billion. Only through the threat of arbitration will meaningful remuneration be provided by those platforms to all Canadian news media. News Media Canada stands ready to assist in collective negotiation for titles – large and small.

All major Canadian political parties agree: the Australian model is a simple, fair, and proven solution that is working in that country. It does not require taxpayer funds, new taxes, or user fees. Its use of collective negotiation, backed up baseball-style arbitration, is the best way to redress the current power imbalance between the web giants and Canada's local news media. It will ensure that we can continue to invest in excellence in Canadian journalism — both today and over the long-term — and it will help fill the Truth Decay that is infecting our democracy.



CLOSE OF BUSINESS SALE

WHO:
Ross Colby
Cabinetmaking

WHAT:
All floor models at
sale prices, no tax

WHEN: September 18 & 19
During the Uxbridge Studio Tour

WHERE: 4 Sandy Hook Road, Uxbridge

WHY: Ross is retiring!

Thank you to my many customers who had faith in me to build their furniture over the past 48 years. Please come by on the Studio Tour days to say hello and to view Daniel Colby's paintings.

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- Fridges, stoves, washers and dryers, sinks, freezers, washtubs and BBQs
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- Flatscreen T.V.s, antennas, towers and satellite dishes
- Metal window and bed frames
- Metal tables
- Tire rims, auto parts, electric motors and car batteries
- Lawn mowers, wheel barrows and metal fencing
- Bicycles for scrap only
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- Commercial donations welcome
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Take your scrap metal to Port Perry Salvage and ask to have your scrap added to the Rotary Club of Uxbridge account

Questions? Email uxbridgerotaryclub@gmail.com or visit uxbridgerotary.com



LATE ENTRY, for Uxbridge Studio Tour, Sept. 18,19

Potter, painter Saundra Reiner

celebrating 30 years on the tour

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Bottle Drive

McHappy Day is September 22nd!
Uxbridge McDonald's is raising money for Ronald McDonald House Charities, Jennifer Ashleigh Childrens Charity, Precious Minds, and Big Brothers Big Sisters of North Durham

Drop off at Uxbridge McDonald's!
Saturday, September 4th
Saturday, September 11th
Saturday, September 18th

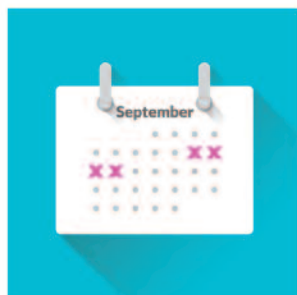
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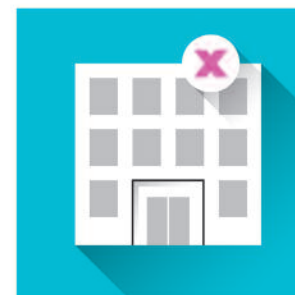
You can vote:



At your assigned advance polling station from Friday, September 10, to Monday, September 13, 9:00 a.m. to 9:00 p.m.



By mail – Apply by Tuesday, September 14, 6:00 p.m.

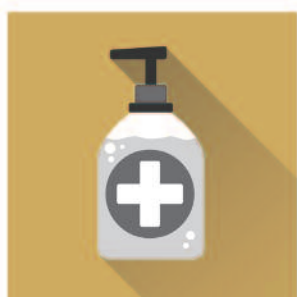


At any Elections Canada office before Tuesday, September 14, 6:00 p.m.

Check your voter information card for all the ways you can vote.

Your health and safety is our priority.

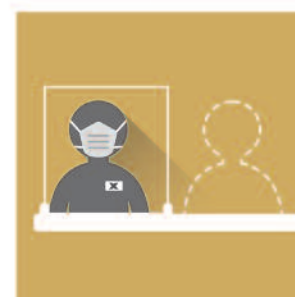
At your polling station, poll workers will be wearing masks. There will also be:



Hand sanitizer stations



Clear physical distancing markers



Only one poll worker per desk behind a plexiglass barrier

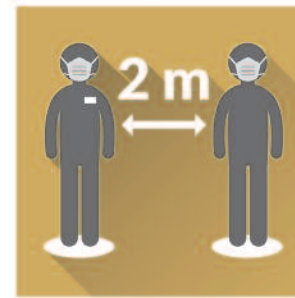
When you go to vote, don't forget:



Wear a mask



We will provide you with a single-use pencil to mark your ballot, or you can bring your own pen or pencil



Practice physical distancing by staying at least two metres away from voters and poll workers

If you have tested positive for or have symptoms of COVID-19, or if you have been in contact with someone who has the virus, visit elections.ca to apply to vote by mail. You have until Tuesday, September 14, 6:00 p.m., to apply.


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Cancer thriver walks her way to health, invites others to join her

by Justyne Edgell

Inspired by a research study done by the University of the Fraser Valley, Annabelle Murray is starting a walking group for who she calls Uxbridge "cancer thrivers," beginning on September 21.

Murray says, "the university's study is on the effect of being outside, in nature, on people who have had cancer, and their healing."

Originally, Murray was going to lead a walking group to be part of the study; however, they conducted the research through

the summer months when Murray would be away frequently.

"The data collection is over but I think it would still be a wonderful thing to have a walking group in Uxbridge, in all our beautiful trails."

Murray says that, while she, herself had cancer in 2018, she doesn't actually know many locals who were also touched by the disease. She hopes that this walking group will allow a safe social gathering place for cancer thrivers in Uxbridge to connect, support each other and share

their experiences.

"It's a nice way to connect with others in our community and to share something really positive and healthy," says Murray.

Walkers can meet up at the Countryside Preserve, as the trails are well kept and quite accessible even through the winter months.

Murray wants to emphasize that while this is a walking group, it is by no means an aer-

obic workout group.

"It's not about speed walking or walking fast, in fact, it's more of the opposite. Walking at the pace of the slowest walker." Murray says the goal is more about enjoying nature and less about getting in a workout.

Those who wish to join the cancer thrivers trail walking group can call Annabelle Murray at 705-738-7015 for further details.



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A self-proclaimed "kayak gal and her dog on the Scugog River," Annabelle Murray enjoys the outdoors, and credits being in nature with helping her become a cancer thriver. Murray hopes to gather others who have lived with cancer to join her in a weekly walking group.

Photo by Fiona Jensen



MARTINO'S CABINETS

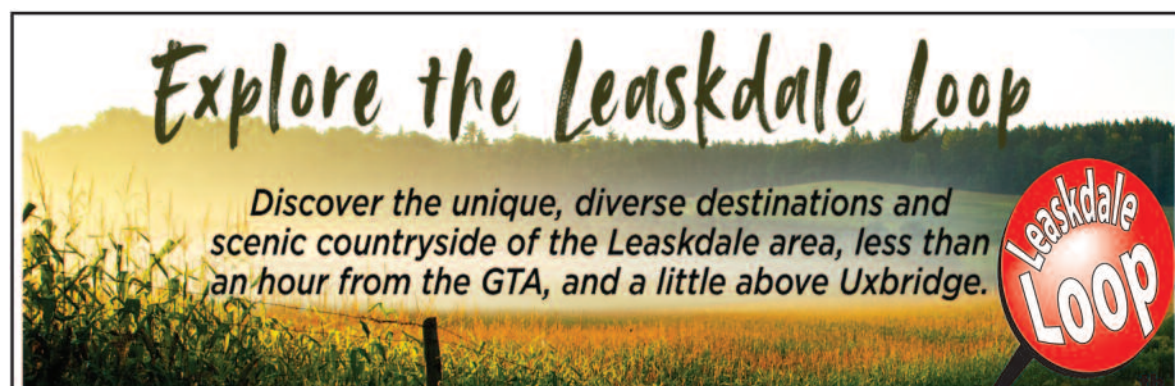
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Focus on Finance with Tammy Scuralli, Edward Jones

Ranking Your Goals: A smart move

Like most people, you may have several financial goals. But can you reach them all?

It would be simple if you had great wealth. But you'll likely need to rank your goals in terms of their importance to your life and then follow appropriate strategies to achieve them. By doing so, you may end up getting pretty close to covering each of your objectives, in one way or another.

When prioritizing your goals, consider following this process:

Identify goals as "must have" or "nice to have." Making sure you don't outlive your resources is a must-have goal, so you need to be as certain as possible of achieving it. On the other hand, a nice-to-have goal might be something like buying a vacation home. If you don't attain the money needed for this goal, you do have room to compromise, perhaps by scaling down to a smaller home in a different area or just renting a place for a few weeks a year. Having this flexibility can provide a psychological benefit, too. Since this goal doesn't have an either-or outcome, you won't have to feel that you failed if you don't get the big vacation home – instead, you can still enjoy the results of your investment efforts, even at a more modest scale.



Put "price tags" on your goals. You need to know what your goals will cost. Even if you can only make an estimate, it's essential to have some figure in mind. As time goes by, you can always revise your projected costs. To arrive at these price tags, you may want to work with a financial professional who has the tools and technology to create hypothetical illustrations and scenarios.

Follow an appropriate strategy. The nature of your goals and their estimated cost will drive your investment strategy. So, for example, using the must-have goal mentioned above – the need to avoid outliving your money – you'll want to balance your growth objectives with your comfort with risk, as well as maintain an appropriate withdrawal strategy when you're retired. However, for a nice-to-have goal, such as your vacation home, perhaps you don't need the same urgency – consequently, with part of your portfolio, you might be able to take more risk in hopes of greater returns. And if you fall short,

you can always go with Plan B – i.e., the smaller home or the rental experience. But if your "nice to have" is closer to a "must have" in this area as well, you might want to focus less on achieving greater returns and instead look at ways of adjusting your budget to save more.

Monitor your results. As you pursue your goals, whether must have or nice to have, you'll want to check your results regularly. If you think you're not making enough progress toward your desired goal, you may need to make adjustments. But don't overreact to short-term swings in the financial markets or in the value of your portfolio, or take on an inappropriate amount of risk. When trying to reach your goals, you can alter your path, but it's usually not a good idea to change directions altogether.

The decisions involved in identifying, prioritizing and achieving your goals can be somewhat involved. But by following a well-designed process, you can help yourself get to where you want to go.

This column, written and published by Edward Jones, Member Canadian Investor Protection Fund, presents general information only. Insurance and annuities are offered by Edward Jones Insurance Agency (except in Quebec). For more information, please contact Tammy E. Scuralli, Financial Advisor at Edward Jones, at 905-852-1244.

COSMOS CROSSWORD

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- Across**

 - 1 Mice catchers
 - 5 "Yay, team!"
 - 8 Queen of the Olympian gods
 - 12 James Brown's "I ___ Good"
 - 13 Andes plant
 - 14 A bad sign
 - 15 Highest level of a hotel
 - 17 Sack
 - 18 Determined
 - 20 Edict of a Russian tsar
 - 23 Subarctic evergreen forests
 - 26 Kind of cross
 - 27 Moon holes
 - 29 Go off track
 - 30 Gets into harmony with
 - 31 In other words
 - 33 Ousted Egyptian ruler
 - 35 Sunday seat
 - 36 Italian violin maker
 - 37 Mozart contemporary
 - 39 Swedish astronomer who devised centigrade thermometer
 - 42 Mexican currency
 - 45 Venture involves great risk, promises great rewards
 - 49 Distinctive style
 - 50 Type
 - 51 International money
 - 52 Rock band equipment
 - 53 Not forthright
 - 54 Minor
- 2 Chinese dynasty
 - 3 Bulgarian cash
 - 4 Arctic transport
 - 5 Military training org., for short
 - 6 Healthy berry
 - 7 Army rations
 - 8 Sweatshirt with a cap
 - 9 Grounded bird
 - 10 Matter, in the law
 - 11 Red army member
 - 16 Scope out
 - 19 Chows down
 - 20 Southwest native
 - 21 Destiny
 - 22 Gold
 - 24 Having the taste of a certain fruit
 - 25 Set, as a price
 - 27 Alphabet derived from Greek, used for Slavic languages
 - 28 Genetic letters
 - 30 Fill
 - 32 Barley beard
 - 34 Streaky rashers
 - 37 Embrace
 - 38 Plus
 - 40 Going alone
 - 41 Very dark
 - 42 Legume
 - 43 Freddy Krueger's street
 - 44 Tree juice
 - 46 Tint of color
 - 47 Profitable rock
 - 48 A heap
- Down**

 - 1 Not where it should be

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* Canadian Media Concentration Research Project, 2020



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EVENTS

WALKING GROUP FOR CANCER THRIVERS - Free. Casual pace. Uxbridge Country Preserve. Tuesdays 10-11 a.m. Starting September 21. Call Annabelle for details 705-738-7015. 9/16

YARD SALES

MULTI-FAMILY YARD SALE: 56 & 60 Button Crescent, Wooden Sticks, Uxbridge. Saturday, Sept. 11, 9 a.m. to 12 noon. Rain date: Sun., Sept. 12. Masks requested. Something for everyone!

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The Nature Nut

column by Nancy Melcher

Roadside colour

Goldenrod are a familiar late summer flowers, their brilliant yellow crowns fuelling bees and butterflies. However, there

are other native plants that help to sustain pollinators too. Sporting complementary colours, New England asters (or Michaelmas daisies) also provide nectar and pollen to feed all manner of beneficial insects. They come in a variety of hues: deep purples, pinks, and lavenders.

These hardy roadside plants may grow over a meter in height, with several strong stems rising from the roots. The flowers are daisy-like composites, made up of two types of florets. The outer ray florets have long thin petals, giving the flower its customary purple colour, while the inner yellow disc florets are the pollen and nectar sources. There can be up to 100 of each floret in every flower head.



The purple ray florets of New England Asters contrast beautifully with inner yellow disc florets.

Photo by Nancy Melcher

The seeds are a food source for songbirds. The clumps of seeds have tufts of tawny coloured hairs that help with dispersal, carrying the seeds a distance on the wind. These native plants are a great addition to a sunny or partly shaded garden.

Nancy Melcher is *The Nature Nut*. Send details of your sightings or questions about the natural world to: general@melcher.cx

Community Care Durham looking for volunteers

by Lisha Van Nieuwenhove

Are you recently retired? Are you looking to keep busy and stay active? Have some spare time to give? If you answered 'yes' to any of these questions, you may be reading just the right article!

Community Care Durham (CCD) launched its 'Share Your Time with Us' recruitment campaign at the beginning of this month.

"Community Care Durham prides itself in being the agency of choice for volunteering. Now it's your time to 'Share Your Time with Us' and enjoy the rewarding experience of giving back to the community," said CCD communications specialist Ian McMillan in a special release.

"Volunteers are the heart and soul of the organization and play a crucial role in keeping CCD clients living independently with quality of life in their homes and their community," added McMillan.

The new campaign, which is looking for volunteers from across Durham Region, will run for three months, continuing until November 30. CCD says that its focus will be to "inspire and reach out to people aged 55 plus to join our team of volunteers," but people of all ages are invited to share their time and get

involved.

McMillan said that volunteerism at CCD is unique, with many volunteer opportunities and flexibility to match a volunteer's schedule.

Campaign promotional material promises that volunteers will have the opportunity to "meet new people, share knowledge, develop new skills, and make a positive impact in your community."

CCD says that it needs volunteer drivers to help support the Meals on Wheels and Transportation services. Meals on Wheels volunteers deliver nutritious hot or frozen meals Monday to Friday to clients' homes. Drivers pick up the meals around 11 a.m. Deliveries take about one and a half hours to complete.

Other roles include packing the meals and sanitizing Meals on Wheels bags. For Transportation, volunteers use their own vehicles to pick up clients at their homes and drive them to medical appointments, grocery shopping and other activities. Volunteers are reimbursed for mileage by the client, and most drive requests are within Durham Region.

There are also virtual opportunities

available, allowing volunteers to utilize their skillsets and various talents from the comforts of home.

"Our virtual projects promote mental health, provide education/online activities, and offer companionship," said McMillan.

Volunteers can also assist with the Adult Day Program, Luncheon Out activities, Lunch and Learn and workshop sessions, friendly visiting, telephone reassurance, the Foot Care Clinic, Community Food Box, COPE Mental Health Program, with office support and dining assistance.

Those who participate in the 'Share Your Time with Us' campaign and be eligible to win prizes. CCD will enter each new volunteer brought on board during the campaign into a draw to win a \$100 gift card. All recruits will also receive a swag bag, including CCD goodies and local treats as a thank you.

To 'Share Your Time with Us' and get involved, please contact CCD volunteer coordinators at 905-668-6318 or 905-668-1653, send an email to volunteer@communitycare-durham.on.ca, or visit www.communitycaredurham.on.ca

BARTON, Margaret 1918 - 2021



Margaret passed away peacefully in her sleep on Thursday, September 2, 2021, at the grand age of 103. Loving wife to the late Bruce Barton and loving mother to Douglas (Dianne) and James (Sandra). Cherished grandmother of Sarah (James), Ian (Meghan), Geoffrey (Kim), Thomas (Jessica), Stephanie, Kevin (Jamie-Lyn) and Wendy (Marcus). She will be dearly missed by her sister, June Squires (Ken), her 11 great-grandchildren and many nieces and nephews. Predeceased by her sister Doreen.

Visitation will be held at the Low and Low Funeral Home, 23 Main Street South, Uxbridge (905-852-3073) on Saturday, September 11, 2021, from 12 p.m. to 1:30 p.m. A private family service will be held. Margaret will be laid to rest at the Foster Memorial Cemetery. In lieu of

flowers, please consider a donation to Trinity United Church or the Uxbridge Hospital. For online condolences, please visit www.lowandlow.ca



To place a death or in memoriam notice

Visit: thecosmos.ca

Call 905-852-1900

Email: lvann@thecosmos.ca



Hansen, Lynda Elizabeth (Cleland)



It is with great sadness that the family of Lynda Elizabeth Hansen (Cleland) announces her peaceful passing in her home on Sept. 3, 2021, in her 78th year.

Loving wife of Don Hansen (predeceased). Lynda will be dearly missed by her children Grant (Carrie), Brett (Laura), Mark (Patty), Kerry (Derek). She will be fondly remembered by her grandchildren Sarah, Christopher (Lena), Andrew (Ashley) and Felicity. Forever remembered by her sister Beverley Iding (Norm) and her long-time special friends Marg, Joan, Marilyn, Dave and her loyal fur companion Boots.

Lynda lived many years with cancer but she never looked at it as a "battle" to be won or lost. She simply accepted that it was a nuisance she had to deal with as she carried on living. Lynda continued her love for travel and saw many places around the world and enjoyed several trips to Disney. She said Hawaii was by far one of the most beautiful places on Earth, but there was no place she loved to be more than at the home she and Don built together in Uxbridge over 50 years ago, where they raised their children. As the cancer eventually stopped her from being able to travel, she never allowed it to take away her joy. She found great joy in spending time with her family and friends and always made sure she didn't take life too seriously. She said having a good sense of humour was her best medicine.

A special thank you to her nurse, Tina, and to Dr. Wilson for all their compassionate care. A celebration of life to be arranged at a later date.

Arrangements have been entrusted to the Low & Low Funeral Home, 23 Main Street South, Box 388, Uxbridge L9P 1M8 (905-852-3073).

In lieu of flowers, donations can be made to The Terry Fox Foundation. Online condolences can be made at www.lowandlow.ca



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