

# The Uxbridge Cosmos

Vol. 18 No. 28

TheCosmos.ca

Thursday, July 21, 2022

Uxbridge set to rock it out this weekend! • Dancing for joy and peace



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**PLAYGROUND PROGRESS** - Terry Baskin, left, president of the Rotary Club of Uxbridge, presents \$17,500 to Amanda Ferraro, director of community services for the Township, and Bob Armitage of the Uxbridge Lions. The money is going towards the build of a new Universal Playground that will be accessible to all ages and abilities. Around \$110,000 has been raised for the playground to date, another \$15,000 is still being sought from donations.

Photo by John Covers

## Sore throat? Cough? Emerg shouldn't be first stop

by Lisha Van Nieuwenhove

At 2:20 p.m. on Tuesday afternoon, there were 14 people waiting to be seen in the Uxbridge Hospital Emergency Department, according to the emergency wait time clock available through [oakvalleyhealth.ca](http://oakvalleyhealth.ca). The clock estimated the wait time *after* triage would be three hours. And, "due to rapidly changing demands in the Emergency Department, individuals seeking care may experience a much longer than expected wait."

Ontario - indeed, Canada - is experiencing crushing wait times in hospitals across the board, and Uxbridge Hospital is no exception. Does it have to do with COVID-19 and an advancing seventh wave? Does it have to do with staffing shortages? Is it because it's summer and everyone is just more accident prone?

Dr. Carlye Jensen, chief of Uxbridge Hospital, says that it's a combination of all of the above.

"Yes, we do have a fair amount of COVID here in Uxbridge right now, and that is driving volume (of people going to emerg to discover

if they have COVID)," says Jensen.

"It's also because many people aren't able to access other options because of all the stress that COVID has put on our health care system over the past couple of years."

She explains that many doctors and nurses are still contracting COVID-19, and that this is leading to staffing shortages, both in hospitals and in family/general medical practices.

"It isn't a matter of the provincial government needing to throw more money at the system,"

...continued on page 3

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Tickets available at PharmaSave Uxbridge (both locations), Vince's Market Uxbridge, Canadian Tire Uxbridge, Uxbridge Legion Branch 170 and Stouffville IDA Pharmacy.

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Lottery rules at [uxbridgerotary.com/catchtheace](http://uxbridgerotary.com/catchtheace)  
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# Uxbridge at a Glance

The Corporation of The Township of Uxbridge  
51 Toronto Street South, P.O. Box 190  
Uxbridge L9P 1T1  
905-852-9181 info@uxbridge.ca

## The Township of Uxbridge

Trail Capital of Canada

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MORE INFO [www.uxbridge.ca](http://www.uxbridge.ca)

### Council & Committee Meetings

Meeting Schedule for Summer, 2022

Monday, August 8  
COUNCIL MEETING, 10:00 a.m.

PUBLIC PLANNING MEETING  
11:30 a.m.

Wednesday, August 17  
COMMITTEE OF ADJUSTMENT  
MEETING, 7:00 p.m.

Proclamations for the Month

- 2022 – Year of the Garden

### Bids & Tenders

All current bid opportunities are posted to [Uxbridge.ca/bids and tenders](http://Uxbridge.ca/bids_and_tenders)

- U22-26 – South Balsam Trail Bridge – Closes July 26, 2022 at 2:00 p.m.
- U22-20 – Elgin Park Improvements – Closes July 28, 2022 at 2:00 p.m.
- U22-24 - Uxbridge Public Library Heritage Masonry Restoration – Closes July 29, 2022 at 2:00 p.m.
- U22-27 - Uxpool Ceiling Tile Support Framing Anchorage Repair and Replacement of Damaged Tiles – August 5, 2022 at 2:00 p.m.

All bids must be received by the Township by the deadline stated, either electronically via the Township's website or in-person at the Township Office located at 51 Toronto St. South. Public tender bid results are posted at [uxbridge.ca/bids and tenders](http://uxbridge.ca/bids_and_tenders).

### Employment Opportunities

Complete details and qualifications required for these positions are available at <https://www.uxbridge.ca/careers/>

Current Opportunities

**Curator & Manager – Full Time Position (8 month – April to November contract) and Part Time Position (5 month – November to April contract)**

Closes Friday, July 28, 2022, at 4:00 p.m.

**BIA Project Coordinator – Part Time Position (4 month, 3 week – August 11 to December 31 contract)**

Closes Friday, July 29, 2022, at 2:00 p.m.

**Arena Attendant Assistant (Adult) – Part Time Position (8-9 month contract)**

Closes Friday, August 5, 2022, at 4:30 p.m.

**Arena Attendant Assistant (Student) – Part Time Position (8-9 month contract)**

Closes Friday, August 5, 2022, at 4:30 p.m.

**Uxpool - Lifeguards**

Closing Date Extended

Board and Committee Appointment Opportunities

**2022 Santa Claus Parade Committee**

Closing Date Extended

*The Township of Uxbridge is an equal opportunity employer in accordance with the Accessibility for Ontarians with Disabilities Act, 2005 and the Ontario Human Rights Code (OHRC). The Township of Uxbridge will provide accommodations throughout the recruitment and selection and/or assessment process to applicants with disabilities and/or needs related to the OHRC. Personal information provided is collected under the authority of The Municipal Freedom of Information and Protection of Privacy Act.*



### 2021 Consolidated Financial Statements

The 2021 Audited Consolidated Financial Statements of The Corporation of the Township of Uxbridge have been approved by Council and are now available to the public on the Township's website,

[www.uxbridge.ca/en/your-local-government/financial-statements.aspx?\\_mid\\_=23667](http://www.uxbridge.ca/en/your-local-government/financial-statements.aspx?_mid_=23667), under the 'Financial Statements' section. A copy of the 2021 Audited Consolidated Financial Statements of the Township of Uxbridge are available for pick up (at no cost) upon request, at the Tax Department in the Municipal Building, located at 51 Toronto St. South in the Township of Uxbridge.

### Storm Recovery Update

#### Storm Recovery Update

- Social service support is available for residents. Please call 905-666-6239 ext. 1751 or email [ess@durham.ca](mailto:ess@durham.ca)

#### Disaster Relief Assistance

- The Province has activated the Disaster Relief Assistance Program for eligible Uxbridge residents. The program can provide financial relief to assist qualifying homeowners, tenants, small business owners, small farm operators and not-for-profit organizations. To learn more about the program visit [www.ontario.ca/page/apply-disaster-recovery-assistance](http://www.ontario.ca/page/apply-disaster-recovery-assistance)
- Plan to attend a free information session by the Ministry of Municipal Affairs and Housing to learn more about the program. See ad on this page for details or visit [www.uxbridge.ca](http://www.uxbridge.ca)

#### Brush and Tree Removal

- The Township has now completed tree debris pick-up in the hamlets and in urban Uxbridge. Any further tree debris must be disposed of through the Regional yard waste program or via a tree removal service.
- Residents can put bundles of smaller branches and leaves out for regular yard-waste pick up. Due to volume, the Region may be delayed picking up yard waste.
- The Township will be removing stumps on boulevards later in the summer once crews become available to do this work.

LEARN MORE ABOUT REGISTERING  
FOR DISASTER RELIEF FUNDING

**VIRTUAL  
INFORMATION  
SESSIONS**

Pre-registration required  
or  
Attend live at Town Hall

learn more at [www.uxbridge.ca](http://www.uxbridge.ca)

**JULY 26  
INFORMATION FOR  
HOMEOWNERS/TENANTS**

**JULY 28  
INFORMATION FOR  
SMALL BUSINESS/FARMS/NFPS**

## Need Help with the Permit Parking System?

Attend our  
**Drop-In Tech Support Session**  
**Monday, July 25th**  
**4:00-6:00pm**

**Council Chambers, Town Hall**  
**51 Toronto St. S.**



## Please Be Advised



**New parking restrictions  
coming soon along  
Concession 6 & 7 for  
improved road safety**

For more details visit  
[uxbridge.ca](http://uxbridge.ca)



Township of Uxbridge documents are available in alternate formats upon request.  
Please fill out the Request for Alternate Formats Form at [uxbridge.ca/accessibility](http://uxbridge.ca/accessibility)

email: [accessibility@uxbridge.ca](mailto:accessibility@uxbridge.ca)  
phone: 905-852-9181 ext.209



# Uxbridge at a Glance continued

## Public Notice - Pesticide Use Within The Township of Uxbridge

The Township of Uxbridge intends to control noxious weeds along the following rural Concession roadsides north of Davis Drive:



The Township of Uxbridge intends to control noxious weeds along rural roadsides under their jurisdiction using Clearview Herbicide, which contains the active ingredients, Metsulfuron-Methyl and Aminopyralid (PCP registration number 29752), in combination with Hasten NT Spray Adjuvant, which contains active ingredients Methyl and ethyl oleate (esterified vegetable oil) (PCP registration number 28277). Or alternatively, Navius FLEX Herbicide, which contains the active ingredients Metsulfuron – methyl and Aminocyclopyrachlor (PCP registration number 30922), in combination with Hasten NT Ultra Spray Adjuvant, which contains active ingredients Methyl and ethyl oleate (PCP registration number 31760).

Commencing on July 18, 2022 weather permitting and ending August 12, 2022.

We are controlling Noxious Weeds under the Public Works Exception of the Cosmetic Pesticides Ban for the promotion of public health and safety.

For more information call collect:

<b>Township of Uxbridge</b>	<b>Green Stream</b>
Bill Rynard, C. Tech, CRS	Steve Ford
Road Operations Manager	905-510-1229
905-852-9087	

## Notice of Public Meeting Concerning an Amendment to the Township of Uxbridge Downtown Community Improvement Plan

This Notice is to inform you that the Township of Uxbridge is proposing a Township of Uxbridge Downtown Community Improvement Plan (Downtown Community Improvement Plan) Amendment in accordance with the requirements of Section 28 of the Planning Act. The Planning and Economic Development Committee of the Council of the Corporation of the Township of Uxbridge will hold a statutory public meeting to make available adequate information to the public regarding, and to consider, a proposed Downtown Community Improvement Plan Amendment pursuant to Section 28 of the Planning Act, R.S.O., 1990, submitted by the Township of Uxbridge.

The statutory public meeting will be held in a hybrid format. There will be an electronic option available for those wishing to practice social distancing and an in person option held simultaneously in Council Chambers at Township of Uxbridge Town Hall (51 Toronto St S., Uxbridge). The Township of Uxbridge will be processing the Community Improvement Plan Amendment as required by the Planning Act and welcome any comments that you may have.

### PURPOSE OF PROPOSED COMMUNITY IMPROVEMENT PLAN AMENDMENT:

The purpose of this amendment is to update the Downtown Community Improvement Plan based on a review of the implementation of the Plan, best practices, and input received through the 2020 Downtown Revitalization Project.

### LOCATION OF THE SUBJECT PROPERTY:

The subject lands have been identified by the Township under the Planning Act as a community improvement project area. They are generally located in the downtown Uxbridge area as graphically illustrated on the key map below.

**FILE NO.:** Downtown Community Improvement Plan Amendment No. 1 (DCIPA-1)  
**APPLICANT:** The Township of Uxbridge

### ADDITIONAL INFORMATION:

Additional information relating to the proposed Downtown Community Improvement Plan Amendment, including a copy of the Amendment, is available for inspection in the Development Services Department between 8:30 a.m. and 4:30 p.m., Monday to Friday, at the Township Municipal Office, 51 Toronto Street South, Uxbridge, Ontario. It is preferred that if you require additional information that it be requested by email, mail, fax, or telephone from the undersigned.

Email: [jbeer@uxbridge.ca](mailto:jbeer@uxbridge.ca) (t) 905-852-9181 ext 225

**MEETING DATE:** Monday, August 8, 2022

**TIME:** Public Meeting, 11:30 a.m.

### REPRESENTATION

**ANY PERSON** may participate in the public meeting and/or make written or oral representation either in support of or in opposition to the proposed Township Downtown Community Improvement Plan Amendment.

#### 1. Written Submissions

Written submissions should be addressed to the Township Clerk at the address shown below. Written comments should be submitted before Monday, August 8, 2022 to be considered at the public meeting. If you wish to be notified of the adoption or the refusal of the proposed Township Community Improvement Plan Amendment, you must also make a written request to the Township Clerk before the adoption of the amendment.

#### 2. Oral Submission

Oral submissions may be provided at the meeting on livestream, you must pre-register with the Clerk's office by email at [jmachesney@uxbridge.ca](mailto:jmachesney@uxbridge.ca), or telephone at (905) 852-9181 or mail at the address below before 4:30 pm on Friday, August 5th, 2022. Please include your full name, address, and a call-back phone number. You will be contacted by the Clerk's office to confirm your participation and receive the online and call-in information before the meeting. Technical assistance may be provided to ensure you are able to participate.

**DATED AT THE TOWNSHIP OF UXBRIDGE THIS 18th DAY OF July, 2022.**

Debbie Leroux, Clerk  
905-852-9181 Ext. 228  
[dleroux@uxbridge.on.ca](mailto:dleroux@uxbridge.on.ca)

KEY MAP (not to scale)



KEEPING  
OUR  
TRAILS  
BEAUTIFUL

## TRAIL SUSTAINABILITY PERMIT PARKING

Coming into effect this summer on  
the Regional Uxbridge trails.

Residents of Uxbridge can park for free with  
a registered parking permit. Learn more at:  
[uxbridge.ca/trailparking](http://uxbridge.ca/trailparking)



# Canada Day Thank-You!

Thank-you to the many volunteers who helped  
make the Canada Day fireworks in Elgin Park a  
night to remember.

Thank you to the Canada Day Committee:

Robin Coombs	Gloria Eng
Joel Speers	Adam Ruppel
Courtney Clarke	Councillor Willie Popp
	Councillor Pam Beach

Thank-you to those who supported the event:

Dave Dickie and the Fair Board  
Optimist Club  
Lions Club  
Township of Uxbridge Parks Staff



# Our two cents

## Too hot to handle any longer

Baby, it's hot outside. And it looks as though it's staying that way for the foreseeable future. Makes for great summer photos, splashing about in the pool and such, but not everyone is fortunate enough to have a wee pool to dunk their head in, or air conditioning to escape to.

If you're watching the news, it's not just here in Ontario. Great Britain is getting temperatures that it normally only dreams about (it registered its highest temperature *ever* on Tuesday, at 40.2 C), and forest fires are wiping out parts of England, France, Spain, Italy and Greece. It's been said that Europe is "living in a disaster movie."

Yes, that sounds like hyperbole, but how many times does this need to be witnessed both here at home and around the globe before we clue in and realize that *something needs to change*. In 1990, the first Intergovernmental Panel on Climate Change (IPCC) released a statement about a potential increase in heat waves. There have been four more since then, each report containing stronger and stonger language about the world needs to limit warming NOW or face dire consequences.

Heat-induced forest fires not only wipe out desperately needed trees and vegetation, they wipe out animals, insects - whole ecosystems, every one vital to the earth's existence. Not to mention the communities that are unlucky enough to be in a fire's path.

Antonio Gutiérrez, secretary-general for the United Nations, delivered the following words at a climate change meeting in Berlin earlier this week: "Half of humanity is in the danger zone right now from floods, droughts, extreme storms and wildfires. No nation is immune. This has to be the decade of decisive climate action. We have a choice - collective action, or collective suicide."

We don't know about you, but that makes us enjoy our lemonade under a shady tree a whole lot less. If this keeps up, we won't be able to go outside and enjoy the Canadian summers we love so much. We need to get real *now* - massive social and economic change *needs* to occur, or summers at the cottage will be a thing of the past. Ambivalence is no longer an option.



# If it's not Scottish - it's Springtide!

by Lisha Van Nieuwenhove

Get ready, Uxbridge - starting today, we are in for one big rollicking, frolicking musical weekend!

First up is the Springtide Music Festival, making it real this weekend after having been put off too many times to count by COVID. It runs from today, Thursday, July 21, through to this Saturday, July 23, at multiple venues and stages across downtown Uxbridge. Kids 12 and under who are accompanied by an adult can enjoy the festival for free on Friday and Saturday.

The festival will officially get underway with a launch party concert at the Uxbridge Music Hall, featuring Bedouin Soundclash. The Launch Party will also feature performances by Julian Taylor and local artist Tania Joy. Organizers say the launch party is a stand alone event, which means it requires a separate ticket and is not included with a weekend wristband. As of press time Tuesday, there were still a limited number of tickets available through the Springtide website.

On Friday, July 22, along with over 70 musical performances, Springtide says it is "excited to share a few specialty stages curated for maximum enjoyment!"

From 5 - 7 p.m., there will be a "Let's Write a Song" workshop, hosted by Bernadette Connors, at The Bridge Social. This is a free interactive songwriting workshop for those of all ages and all song writing abilities and experience!

Also on Friday, and new to this year's program, the Author's Stage,

hosted by Blue Heron Books in its back studio, will feature author Michael Barclay and his book "Hearts on Fire: Six Years That Changed The Canadian Music Scene". This will happen from 6 - 8 p.m., and will be hosted by former MuchMusic man Tim Deegan.

There will also be supper, compliments of the Tin Restaurant, songs by Geoff Holt, and drinks available at a cash bar. Tickets for the Author's Stage are \$25 and include all of the above plus a \$10 book coupon. For those with a Springtide wristband, tickets are \$20. All tickets for the Author's Stage can be purchased at Blue Heron Books.

Saturday, July 23, also promises a full day of music and activities. The Interview Stage, curated by Tamara Williamson, will take place at The Bridge Social. At 3 p.m., will be the Fire Songs Session, a conversation all about community with Hollowsage, Allanah Kemp and Kevin Ker, hosted by Josh Veens. At 4 p.m., the Up Close And Too Personal Session, hosted by experienced host Blair Packham. This session delves into the lives of our guests; including Gravley James and Joel Saunders. And at 5 p.m., will be the One Song session, hosted by Tamara Williamson, where artists Suitcase Sam, Stephen Stanley and Rebekah Hawker have chosen a favourite song that they have written and will dive into the process of writing it, their inspiration, and the story behind the lyrics. This event is open to all those with a festival wristband.

The younger set can head to the Youth Stage, hosted by Uxbridge's

own Amy Peck. The 2022 Springtide Youth Stage will include performances by six solo acts, as well as a special performance by Youth Stage alumni Nate Hobor.

"You won't believe the talent, mad skills, and musicianship that these performers will bring to the Youth Stage," say festival organizers.

These young will be performing at the Uxbridge Legion on Saturday, July 22, from 2 - 5 p.m. Entry is free with a Saturday wristband or \$10 at the door.

If all that carousing hasn't made you drop, on Sunday, head over to the Elgin Park Rotary Bandshell for the Uxbridge Scottish Festival Concert.

Between 2 and 4 p.m., listen to the Uxbridge Legion Pipes & Drums, *Claidhmor*, watch the award-winning Lindsay Rose Highland Dancers, and be surprised by a few "feature" guests.

If getting to Elgin Park proves a problem, concert-goers can look into taking the Town Trolley or a White Lightening Shuttle bus. Rides will be available both within Uxbridge and from Port Perry. Transportation on both the trolley and the bus will be free for seniors and retirement communities in both Uxbridge and Port Perry. Recreation directors, seniors clubs leaders, etc., are encouraged to contact Michael Bryant at 705-340-9880 to arrange pick-up/drop-off.

Entry to the Uxbridge Scottish Festival Concert is by donation, and spectators are encouraged to bring a lawn chair. For more information, visit [uxbridgescottishfestival.com](http://uxbridgescottishfestival.com)

When one of these disappears, A LOT disappears.

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CANADIAN COMMUNITY NEWSPAPER AWARD 2019





## Am I Wrong?

column by Roger Varley

### Several small steps for mankind

Gurdeep Pandher.

Some of you will recognize the name, some of you won't. Given the current state of the world, those who do know the name will likely understand why I watch this man's videos on the internet almost daily. Amidst the never-ending parade of news stories about a world gone mad, Pandher's videos are a brief respite from mass shootings, weather out of control, armed conflict, hate-filled rhetoric and (quite literally) insane politicians.

For the unenlightened, let me explain briefly. Pandher is a Sikh-Canadian who lives in a tiny cabin in the Yukon wilderness. For the last few years, he has been posting videos of himself performing traditional Punjabi dances. No over-the-top production features,

no flashy costumes, no back-up band, just Pandher doing his energetic, exuberant dances, usually outside his cabin, both in the heat of summer and in the depths of winter.

As he explains in all his videos, his dances are an attempt to spread joy, hope and positivity to his fellow man. And watching him dance with unreserved happiness does, indeed, give me joy, hope and positivity, even if only momentarily.

His videos have gained a world-wide audience and he was one of the featured performers at the Canada Day festivities in Ottawa. He currently is on a cross-Canada journey, dancing at locations such as Peggy's Cove and the Halifax Gardens. He has been joined in his dances by a wide assortment of guests, from members of the Canadian Armed Forces to politicians to reporters to everyday folks.

Pandher has no political message to deliver,

no axe to grind, no cause to espouse. He simply dances for joy and hopes the joy spreads out. I am hard pressed to think of anyone else, anywhere in the world, whose sole objective is to make other people feel a little happier about life. Despite rising inflation, increasing assaults on innocent people, almost daily shootings and the divisions in society becoming wider and more pronounced, Pandher's dances can briefly bring a smile to one's face.

They have, in fact, become one of the few things that help get me through each day. Going through the news leaves me feeling bludgeoned: Europe is on fire, the war in Ukraine drags on, COVID-19 shows no signs of dying out, our health care system is under

siege, politicians around the world are more interested in scoring points over opponents than working for the people they are supposed to represent and the rich get

rich and the poor get poorer. If only for a few minutes each day, Pandher's infectious energy takes me away from all that doom and gloom.

There's an old saying, sometimes attributed to Mark Twain: "Dance like no one is watching." Pandher does just that, even though he knows thousands are watching his videos. In some respects, one can almost see the child inside him just letting loose with no self-consciousness. His dances are, in fact, joy, hope and positivity personified.

It seems to me that what the world desperately needs right now is a whole lot more Gurdeep Pandhers.

Tell me, am I wrong?



Gurdeep Pandher dances for joy and peace outside his cabin in the Yukon.  
Photo taken from YouTube/Gurdeep.ca



## The Barris Beat

column by Ted Barris

### How do I get to Yorkville? Practise!

Friday afternoons in the mid-1960s had a special rhythm for me. While most of my high-school pals gathered in the corridors to plot their party plans for the weekend, I left class early to catch the Sheppard Avenue bus west from Agincourt. With my trumpet case in hand, about 5 o'clock I caught the south-bound Yonge Street bus, then the subway from Eglinton to Bloor. And then I walked west on Yorkville Avenue into what everybody called "the Village." There, just before Avenue Road, I climbed up a back-alley fire-escape staircase to a third-floor rehearsal studio.

"Hi, Donny," I'd call out to my trumpet teacher Don Johnson.

"Come warm up that horn," he'd tell me.

It took me a few visits in 1965 to discover I had climbed to the top of a Yorkville landmark, and an even more important music mecca. Between reciting my trumpet scales and playing whatever tunes Johnson had had me rehearse that week – such as *Yesterdays* or *Shadow of Your Smile* – Donny explained that our upstairs rehearsal studio, after hours, was actually a small folk music club known as the Frozen Onion. Meanwhile, below our feet, he told me, was the famous Purple Onion Coffee House, called a coffee house because when it opened in 1960 it had no liquor licence. The Onion, Donny claimed, was the birthplace of the Yorkville folk scene.

"(The owners) charged \$1 memberships and cover fees of \$1.50 to \$3," reported the *Toronto Star*, for people to see such little-known artists as Ian and Sylvia Tyson, Carly Simon (who performed with her sister Lucy Simon) and the house band – none other than Luke (Gibson) and The Apostles. In his book *The History of Canadian Rock 'n' Roll*, Bob Mersereau contends that singer-songwriter Buffy Sainte-Marie had just seen U.S. Army soldiers returning from Vietnam and soon after, at the Purple Onion, sat down and composed her famous protest song *Universal Soldier*.

"If you remember the '60s," Grace Slick or George Harrison is supposed to have quipped, "then you weren't really there."

Well, I travelled to the Village in the 1960s every Friday evening and then some, and I learned a lot. I learned that I liked going there. I met the principals of the burgeoning Yorkville music scene – artists, managers, club impresarios and fans – and discovered that I

wanted to write newspaper and magazine features about the musicians, the music and the lore. "Bands that played there," Mersereau wrote, "found local and sometimes national success in Yorkville." And those of us who covered the scene there – Peter Goddard, Wilder Penfield III, Martin Melhuish and Ritchie Yorke – all cut our teeth on pop-music writing by following up-and-coming artists we discovered there.

Like all music reviewers and feature writers we tried to meet the club managers who got us into the venues – the Onion, the Penny Farthing, Boris's Red Gas Room and the Riverboat. Bernie Fiedler opened the Riverboat in 1964 and managed to attract almost every major player on the folk music circuit. I covered one of John Prine's first appearances there and emerging star Kris Kristofferson, whom Fiedler billed as a "country folk artist" from Brownsville, Texas. I remember the night he played the Riverboat, Kristofferson complained on stage that he couldn't pick a guitar very well. But otherwise he was pretty self-assured. When I interviewed him in the tiny Green Room atop the club, he told me, "I'll drink a shot of tequila. Then, you drink one and I'll answer your questions." I'm sure my reporting professor at Ryerson would've been horrified, but I agreed and got (I think) some memorable material for the *Globe and Mail* review. For Prine and Kristofferson, stops at clubs in Toronto offered pin money between bigger gigs in Los Angeles or New York. For Canadians Yorkville was pivotal.

"Every nation has a capital, and for Canada's music nation it was Yorkville Village," Mersereau wrote. "If you wanted to be a successful musician in Canada, you had to go to Yorkville, make a name for yourself, and then go to the States."

To inspire me back in the '60s, my trumpet teacher Don Johnson pointed out that the Purple Onion (downstairs from our rehearsal studio The Frozen Onion) had also once booked a duet called the Two Tones, featuring a relatively new folkie from Orillia, Ontario, named Gordon Lightfoot. If I'd only tried harder at playing music in Yorkville, instead of reviewing music in Yorkville, imagine where my career might have taken me.

**For more Barris Beat columns, go to [www.tedbarris.com](http://www.tedbarris.com)**

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## Overburdened emergency rooms, from page 1

says Jensen, “it’s that there aren’t physically enough bodies, or enough time, to see to everyone who needs to be seen.”

Volumes at the Uxbridge Hospital Emergency Department have been high enough recently to prompt a release from the communications department of Oak Valley Health requesting that news sources such as the *Cosmos*, inform residents of op-

tions when considering emergency medical care.

- Individuals who are registered with a family physician/practitioner should seek non-urgent care through their office *before* coming to the hospital.

- Telehealth Ontario is a free, confidential service that can be reached at 1-866-797-0000 to get health advice or information 24 hours a day, seven days a week. Assistance is available in more than 300 languages.

- The COVID Assessment Centre (CAC) is still operating every weekday from 12 - 4 p.m. in Prince Albert.

“This centre is way under-utilized,” says Jensen. “We can’t assess you at

the hospital or a doctor’s office the way we can at the CAC. If you have a cough or cold, assume that you have COVID, go to the CAC and get assessed.” Learn more at [covid19swab.lh.ca](https://covid19swab.lh.ca)

Jensen points out that there is always one doctor and two nurses at the Uxbridge Hospital Emergency Department at any time, and that the department has offered relatively good wait times of late.

“We’ve made a good name for ourselves here, I think,” she says with a laugh. “On the weekend, I was in, and I would speculate that at least 30 - 40 per cent of the patients we had in were not from Uxbridge, they were from out of town. We can’t fault

them for that, though. Wouldn’t you do the same thing if you weren’t well, and wanted to wait the least amount of time to be seen?”

If unsure whether the severity of your condition qualifies as an emergency, err on the side of caution and visit the emergency department. Below are some examples of when to head to the ER: Abdominal pain; a broken bone or wound requiring stitches; chest pain; tightness in the chest; continuous vomiting or severe diarrhea with signs of dehydration; difficulty breathing; an infant under three months old with fever over 38.5C/101F, or has a fever and is difficult to wake; seizures; stiff neck and sensitivity to light.

Finally, Jensen requests that, if a visit to emerg is necessary, then “please be patient and kind to the staff who are working. They are already feeling awful about not being able to see you as quickly as both you and they would like, and they’re working as hard as they can. A little kindness can go a long way.”

# VOTE



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## CORRECTION

The July 14 edition of the *Cosmos* contained three separate references to township employee Colleen Baskin. Two referred to her as being a Communications Director, one a Communications Officer.

Ms. Baskin is a Communications Officer and Administrative Assistant with the Township. The *Cosmos* apologizes for any confusion this error may have caused.

## NOBLE, Sandra Carol

Born 26 May, 1967, passed away into the arms of God, surrounded by family, on Friday, July 1, 2022, at Mackenzie Health Hospital.

Beloved wife of Taras for 18 years. Irreplaceable loving and adored mother of Alexis. Precious daughter of Gail and Grant. Treasured sister of Douglas. Sandra was an incredible mother and wife, daughter and sister, friend to many, mentor, and leader in every sense of the word. Sandra touched the hearts of all fortunate enough to have known her. She will be deeply missed by many family and friends.

A celebration of Sandra’s life will take place at Taylor Funeral Home, 524 Davis Drive, Newmarket, 905-898-2100, on Saturday, July 23, 2022, from 1:00 p.m. - 5:00 p.m. Memorial donations can be made to Forgotten Ones Cat Rescue.

Online condolences may be placed at [taylorfh.ca](https://taylorfh.ca)





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Classifieds are \$15/week up to 25 words; \$0.20 per additional word (plus HST). Payable in advance by cash, cheque, debit or credit card. Contact Lvann@thecosmos.ca or 905-852-1900 Deadline: Tuesday, 12 noon. Ask about online link possibilities, too.

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